



# Gut Microbiota Influence the Development of Abdominal Aortic Aneurysm by Suppressing Macrophage Accumulation in Mice

Shinohara, Ryohei ; Nakashima, Hitomi ; Emoto, Takuo ; Yamashita, Tomoya ; Saito, Yoshihiro ; Yoshida, Naofumi ; Inoue, Taishi ;...

---

(Citation)

Hypertension, 79(12):2821-2829

(Issue Date)

2022-12

(Resource Type)

journal article

(Version)

Version of Record

(Rights)

© 2022 The Authors. Hypertension is published on behalf of the American Heart Association, Inc., by Wolters Kluwer Health, Inc.

This is an open access article under the terms of the Creative Commons Attribution Non-Commercial License, which permits use, distribution, and reproduction in any...

(URL)

<https://hdl.handle.net/20.500.14094/0100477750>





# Gut Microbiota Influence the Development of Abdominal Aortic Aneurysm by Suppressing Macrophage Accumulation in Mice

Ryohei Shinohara<sup>1</sup>, Hitomi Nakashima, Takuo Emoto<sup>2</sup>, Tomoya Yamashita<sup>3</sup>, Yoshihiro Saito<sup>4</sup>, Naofumi Yoshida, Taishi Inoue, Katsuhiro Yamanaka, Kenji Okada, Ken-ichi Hirata

**BACKGROUND:** Abdominal aortic aneurysm (AAA) is a life-threatening cardiovascular disease characterized by dilated abdominal aorta. Immune cells have been shown to contribute to the development of AAA, and that the gut microbiota is associated with numerous diseases, including cardiovascular diseases, by regulating immune systems or metabolic pathways of the host. However, the interaction between the gut microbiota and AAA remains unknown.

**METHODS:** Apolipoprotein E-deficient male mice were fed a high-cholesterol diet and divided into three groups: the control group was maintained under normal water (control group), the oral AVNM group was maintained under drinking water supplemented with ampicillin, vancomycin, neomycin, and metronidazole, and the i.p. AVNM group was injected AVNM intraperitoneally. After 1 week of pretreatment with antibiotics, these mice were administered Ang II via subcutaneous osmotic pumps for 4 weeks and euthanized to evaluate AAA formation.

**RESULTS:** Depletion of gut microbiota by oral AVNM ameliorated the incidence of AAAs (control group: 58.9% versus oral AVNM group: 28.6% versus i.p. AVNM group: 75.0%,  $P = 0.0005$ ) and prevented death due to ruptured aneurysms (control group: 11% versus oral AVNM group: 0% versus i.p. AVNM group: 15%). Oral AVNM suppressed monocyte storage in the spleen, but not in other organs. Despite possessing a higher level of cholesterol, recruitment of monocytes into the suprarenal aorta was suppressed in the oral AVNM group. In AVNM drinking mice, NOD1 ligand, a kind of PRR ligands, increased the development of AAAs and accumulation of macrophages in the aortae.

**CONCLUSIONS:** The gut microbiota plays a critical role in AAA formation. Therefore, regulation of the microbiota or the immune system can be a therapeutic approach for AAA. (*Hypertension*. 2022;79:2821–2829. DOI: 10.1161/HYPERTENSIONAHA.122.19422.) • **Supplemental Material**

**Key Words:** gut microbiota ■ abdominal aortic aneurysm

**A**bdominal aortic aneurysm (AAA) is a life-threatening cardiovascular disease among elderly people and is characterized by a weakened and dilated abdominal aorta. AAA is usually asymptomatic until the time of rupture and is, therefore, frequently diagnosed during imaging performed to investigate unrelated symptoms or by ultrasonography screening in developed countries.<sup>1–3</sup>

More than 50% of patients with ruptured AAAs die of sudden cardiovascular collapse before arriving at a hospital. Although technical improvements in surgical or endovascular repair have been achieved, medical preventative therapies to stop the development of AAAs are still lacking.<sup>1,4</sup> A large cohort study showed that 28% of men with a sub-aneurysmal infrarenal diameter of 25 to

Correspondence to: Tomoya Yamashita, MD, PhD, Division of Cardiovascular Medicine, Department of Internal Medicine, Kobe University Graduate School of Medicine, 7-5-1 Kusunoki-cho, Chuo-ku, Kobe 6500017, Japan. Email: tomoya@med.kobe-u.ac.jp

\*These authors contributed equally.

Supplemental Material is available at <https://www.ahajournals.org/doi/suppl/10.1161/HYPERTENSIONAHA.122.19422>.

© 2022 The Authors. *Hypertension* is published on behalf of the American Heart Association, Inc., by Wolters Kluwer Health, Inc. This is an open access article under the terms of the [Creative Commons Attribution Non-Commercial License](#), which permits use, distribution, and reproduction in any medium, provided that the original work is properly cited and is not used for commercial purposes.

*Hypertension* is available at [www.ahajournals.org/journal/hyp](http://www.ahajournals.org/journal/hyp)

## NOVELTY AND RELEVANCE

### What is new?

Depletion of gut microbiota by oral antibiotics treatment suppressed the development of AAAs. This research provides the first reported evidence of gut microbiota related to AAAs.

### What Is Relevant?

This study provides a basis for future human studies to establish the contribution of gut microbiota or bacterial signals to the pathophysiology of AAAs.

### Clinical/Pathophysiological Implications?

Drug therapies or lifestyle interventions should be commenced at an early stage in the development of small AAAs. For the first time, we demonstrated that gut microbiota or bacterial signals could be new therapeutical targets for AAAs.

## Non-standard Abbreviations and Acronyms

<b>AAA</b>	abdominal aortic aneurysm
<b>Ang II</b>	angiotensin II
<b>AVNM</b>	ampicillin vancomycin neomycin and metronidazole
<b>ApoE<sup>-/-</sup></b>	apolipoprotein E-deficient
<b>i.p.</b>	intraperitoneally
<b>PRR</b>	pattern recognition receptor
<b>RT</b>	reverse transcription
<b>SBP</b>	systolic blood pressure
<b>SEM</b>	standard error of the mean

29 mm at the age of 65 developed AAAs of  $\geq 55$  mm within 15 years.<sup>5</sup> However, randomized clinical studies have failed to demonstrate the advantages of early elective surgical or endovascular repair for small AAAs.<sup>6-9</sup> Drug therapy or lifestyle interventions should be commenced at an early stage in the development of small AAA. Patients with small AAAs or those deemed unfit for AAA repair currently have no active treatment options.

Innate and adaptive immune cells play a key role in causing chronic inflammation in the aortic wall, which contributes to the development of AAA.<sup>4,10</sup> We previously reported that injection of a recombinant mouse IL-2/anti-IL-2 monoclonal antibody complex or UVB irradiation selectively expanded CD4<sup>+</sup>Foxp3<sup>+</sup> Tregs and effectively reduced the development and related mortality inhibition of angiotensin II-induced AAA in apolipoprotein E-deficient (ApoE<sup>-/-</sup>) mice.<sup>11,12</sup> In addition, alterations in the composition of gut microbiota and its metabolites have a considerable impact on a variety of human diseases via the immune system. Regarding atherosclerosis, we previously demonstrated that microbiota depletion significantly prevented atherosclerotic lesions compared with that in conventional ApoE<sup>-/-</sup> mice, whereas commensal bacteria were showed to maintain a low level of cholesterol in the plasma via the induction of hepatic bile

acid biosynthesis.<sup>13</sup> However, studies on the effect of gut microbiota depletion on atherosclerosis is controversial because the gut microbiota composition in conventional mice differ in every facility.<sup>14,15</sup> We successively reported that the abundance of *Bacteroides vulgatus* and *Bacteroides dorei* was lower in the gut microbiome of patients with coronary artery disease and that oral gavage with live *B vulgatus* and *B dorei* could decrease the fecal and plasma lipopolysaccharide concentrations and protect mice against atherosclerosis.<sup>16,17</sup> Hazen and colleagues have reported that trimethylamine N-oxide (TMAO), produced from dietary choline, carnitine, or betaine by gut microbiota could predict the risk of developing cardiovascular diseases in an independent large clinical cohort. Supplementing the diet with choline or trimethylamine N-oxide promoted atherosclerosis in a mouse model, and depletion of gut microbiota cancelled dietary choline-enhanced atherosclerosis.<sup>15,18,19</sup> Gut microbiota-derived metabolites or gut microbiota-dependent immune systems have been clarified to have critical impacts on the formation of atherosclerosis.

Depletion of gut microbiota by antibiotics reduces the incidence of cranial aneurysm by suppressing macrophage infiltration and inflammatory cytokines.<sup>20</sup> Another group has just released an article showing supplementation of *Akkermansia muciniphila* inhibit the formation of AAA in mice.<sup>21</sup> However, the interaction between gut microbiota and AAAs in humans and mice is not well understood. As a first step to study the potential contribution of the gut microbiota to the pathophysiology of AAAs, we aimed to examine the impacts of gut microbiota on the formation of AAAs in mice using a well-established method of antibiotic cocktail-induced depletion of gut microbiota.

## METHODS

### Data Availability

The data that support the findings of this study are available from the corresponding author upon reasonable request.

## Mice

Apolipoprotein E-deficient (*Apoe*<sup>-/-</sup>) mice with a *C57BL/6* background were previously described. Six-week-old male mice were fed high-cholesterol diet containing 0.2% cholesterol, 17.1% fat, and water ad libitum. Eleven-week-old mice were divided into 3 groups: drinking water (sham group), drinking water with antibiotics, and drinking water and intraperitoneally administered antibiotics 5 times a week. To deplete the gut microbiota, an antibiotic cocktail consisting of ampicillin (1 g/L), vancomycin (0.5 g/L), neomycin (1 g/L), and metronidazole (1 g/L) (Life Technologies Corporation, Carlsbad, CA) was administered through drinking water. Twelve-week-old mice received 1.44 mg/kg/day of angiotensin II (Ang II) (Sigma-Aldrich, St. Louis, MO) via subcutaneous osmotic mini-pumps (Model 2004, ALZET) for 4 weeks, as previously described. Nod1 ligand (ie, DAP; Tlr-dap; InvivoGen, San Diego, CA) was administered through intraperitoneal injection at 100 ng/mice 3 times per week each since the beginning of the antibiotic treatment. In brief, the mice were anaesthetized with isoflurane (WAKO, Richmond, VA), and osmotic mini pumps containing Ang II dissolved in sterile water were inserted into the subcutaneous space. At 16 weeks, the mice were euthanized by cervical dislocation under anesthesia to evaluate AAA formation; we performed a necropsy on all dead mice and found the formation of blood clots in their abdominal aortas, indicating an abdominal aortic rupture event. Some dead mice also showed evidence of suprarenal aortic rupture. All dead mice were included in the analysis of mortality, incidence, and severity of AAA. Mice were housed in specific pathogen-free animal facilities. All animal experiments were approved by the Committee on the Ethics of Animal Experiments of Kobe University Graduate School and conformed to NIH guidelines.

## Cells

Total white blood cell count was determined by preparing a 1:10 dilution of (undiluted) peripheral blood obtained from the orbital sinus using heparin-coated capillary tubes in RBC Lysis Buffer (BioLegend, San Diego, CA). After organ harvest, cell suspensions of the spleen, bone marrow were obtained. The aortic tissue from thoracic to iliac bifurcation was harvested. Aortic tissue and lung were cut into small pieces and subjected to enzymatic digestion with 450 U/mL collagenase I, 125 U/mL collagenase XI, 60 U/mL DNase I, and 60 U/mL hyaluronidase (Sigma-Aldrich) for 30 minutes at 37 °C while shaking.

## Flow Cytometry

Antibodies used for flow cytometric analyses are provided in Table S1 in the Supplemental Material. Data were acquired on an LSRFortessa X-20 flow cytometer (BD Biosciences, Franklin Lakes, NJ) and analyzed with FlowJo v8.8.6 (Tree Star, Inc., San Carlos, CA). Cells were treated with FcBlock (BD Biosciences) for 15 min before incubation with the antibody cocktail for 30 minutes. Samples were fixed before flow analysis. Cell populations were identified as follows: (description of cell markers used).

## Histology

Mice were euthanized, and the aorta was perfused with PBS. AAA lesions were cut and embedded in optimal

cutting temperature compound (Tissue-Tek; Sakura Finetek, Torrance, CA), and cross-sections (10 µm) were prepared. Immunohistochemistry was performed on acetone-fixed or formalin-fixed cryosections (10 µm) of the maximum AAA lesions, using antibodies to identify nuclear (DAPI, 1:400; BioLegend) and macrophages (CD68, 1:100; BioLegend). The antibodies used for immunohistochemistry were the same as those listed in Table S1.

Stained sections were digitally captured using an all-in-one fluorescence microscope (BZ-8100; Keyence, Osaka, Japan), and the stained area was calculated. Sections of AAA lesions with the maximum size were analyzed in each mouse, and the average values were used for statistical analysis.

## Blood Pressure Measurement

Systolic blood pressure was measured using the noninvasive tail-cuff method (BP-98 Softron), as described previously. Systolic blood pressure was measured at least 7 times at baseline and 3 weeks after Ang II pump implantation. The mean systolic blood pressure for each group was determined by averaging the systolic blood pressure of each mouse included in that group. Data from 1 day of measurement at each time point were used.

## Quantitative-PCR Analysis for Gut Microbiota

Gut microbial 16S rDNA was extracted from each fecal sample. Quantitative PCR was performed using SYBR Premix Ex Taq (Takara, Shiga, Japan) and a StepOnePlus Real-Time PCR System (Thermo Fisher Scientific, Waltham, MA) according to the manufacturer's protocol. Genomic DNA of *Phocaeicola vulgatus* JCM5826<sup>T</sup> was used to create standard curves to determine target gene copy numbers. Primers used in this experiment are listed in Table S2 in the Supplemental Material.

## Real-Time Reverse Transcription PCR Analysis

Total RNA was extracted from the tissues using NucleoSpin RNA (Takara). For reverse transcription (RT), a PrimeScript RT reagent kit (Takara) was used. Quantitative RT-PCR was performed using SYBR Premix Ex Taq (Takara) and a StepOnePlus Real-Time PCR System (Thermo Fisher Scientific), according to the manufacturer's protocol. Amplification reactions were performed in duplicate, and fluorescence curves were analyzed using the included software. For quantitative PCR analysis of gene expression of chemokines *Csf-1*, *Gm-csf*, and *Mcp-1*, we used 4 primer sets including *GAPDH* for normalization. Primers used in this experiment are listed in Table S2.

## Statistical Analysis

Results are expressed as mean ± SEM (standard error of the mean). Statistical tests included Mann-Whitney U test, Student's *t* test, Kruskal-Wallis test with Dunn's post-hoc analysis, 1-way ANOVA followed by Tukey's post-hoc correction for multiple comparisons, and chi-squared analysis were used to compare proportional data. *P* ≤ 0.05 was considered to denote significance.

## RESULTS

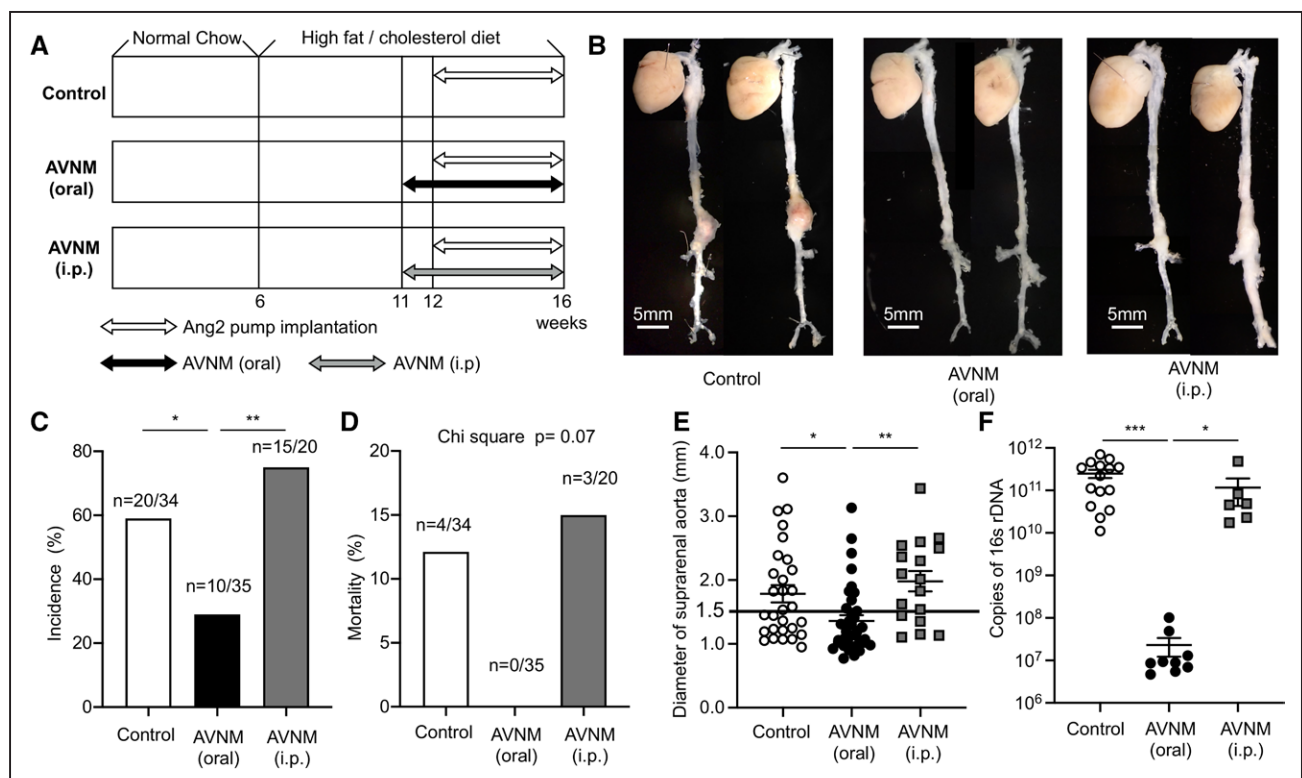
### Depletion of Gut Microbiota Decreased the Incidence of AAA and Suppressed the Enlargement of Abdominal Aortae

We assessed the effects of gut microbiota depletion on AAA formation. The oral administration of a cocktail of antibiotics consisting of ampicillin, vancomycin, neomycin, and metronidazole (oral AVNM group), intraperitoneal injection of a cocktail of antibiotics (i.p. AVNM group), or vehicle (control group) was started 1 week before Ang II implantation and continued until 4 weeks after aneurysm induction (Figure 1A). Depletion of gut microbiota by oral AVNM ameliorated the incidence of AAAs and prevented death due to ruptured aneurysms, although i.p. AVNM did not affect the incidence of AAAs (Figure 1B through 1D). Similarly, the progression of the diameter of suprarenal aorta was significantly suppressed by oral AVNM administration compared with that in vehicle and i.p. AVNM group (Figure 1E). Blood

pressure was similar between the control and oral AVNM group; however, blood pressure was higher in the i.p. AVNM group than that in the control group, although the cause for it is not clear (Figure S1A). Total cholesterol level was higher in the oral AVNM group, as previously reported (Figure S1B).<sup>13</sup> We confirmed a significant depletion of gut microbiota by oral administration of a cocktail of antibiotics, but not by intraperitoneal injection, as previously described (Figure 1F).<sup>13,22</sup>

### Depletion of Gut Microbiota Suppressed Monocytes/Macrophages Accumulation in Aortae During Aneurysm Formation

To clarify the relationship between aneurysmal progression and monocytes or macrophages, we assessed immune cells in the aortae through fluorescent immunostaining and flow cytometry. First, we compared CD68<sup>+</sup> monocyte or macrophage areas of cross-sectioned suprarenal aortae between the control and oral AVNM



**Figure 1. Depletion of gut microbiota, not a cocktail of antibiotics itself, limited the development of experimental abdominal aortic aneurysm (AAA) model with Angiotensin II (Ang II).**

**A**, Experimental design: Apolipoprotein E-deficient (*Apoe*<sup>-/-</sup>) mice fed a high-cholesterol diet for 6 weeks were treated with Ang II infusion for 4 weeks. The control group was sustained with normal drinking water. The AVNM (oral) group was kept on drinking water containing AVNM for 1 week before Ang II infusion. Cocktails of AVNM were injected 5 times per week for 1 week before Ang II intraperitoneal infusion in the AVNM (i.p.) group. **B**, Representative images of the aortae in each group. Scale bar=5.0 mm. **C**, Incidence of AAA in each group. Chi-square test with post-hoc analysis. **D**, Mortality due to AAA rupture in each group. Chi-square test with post-hoc analysis. **E**, Diameter of the suprarenal aorta in each group. Kruskal-Wallis test with Dunn's post-hoc analysis. Control, n=34; AVNM (oral), n=35; AVNM (i.p.), n=20. (**C–E**). **F**, Copies of 16S rDNA per g in Control, AVNM (oral), and AVNM (i.p.) in fecal sample. Kruskal-Wallis test with Dunn's post-hoc analysis. Control, n=15; AVNM (oral), n=9; AVNM (i.p.), n=6. Error bars represent SEM (standard error of the mean) \**P*<0.01, \*\**P*<0.01. A indicates ampicillin; i.p., intraperitoneal injection; N, neomycin; M, metronidazole; and V, vancomycin. Incidence of AAA is defined as >1.5 mm of maximum aortic diameter.

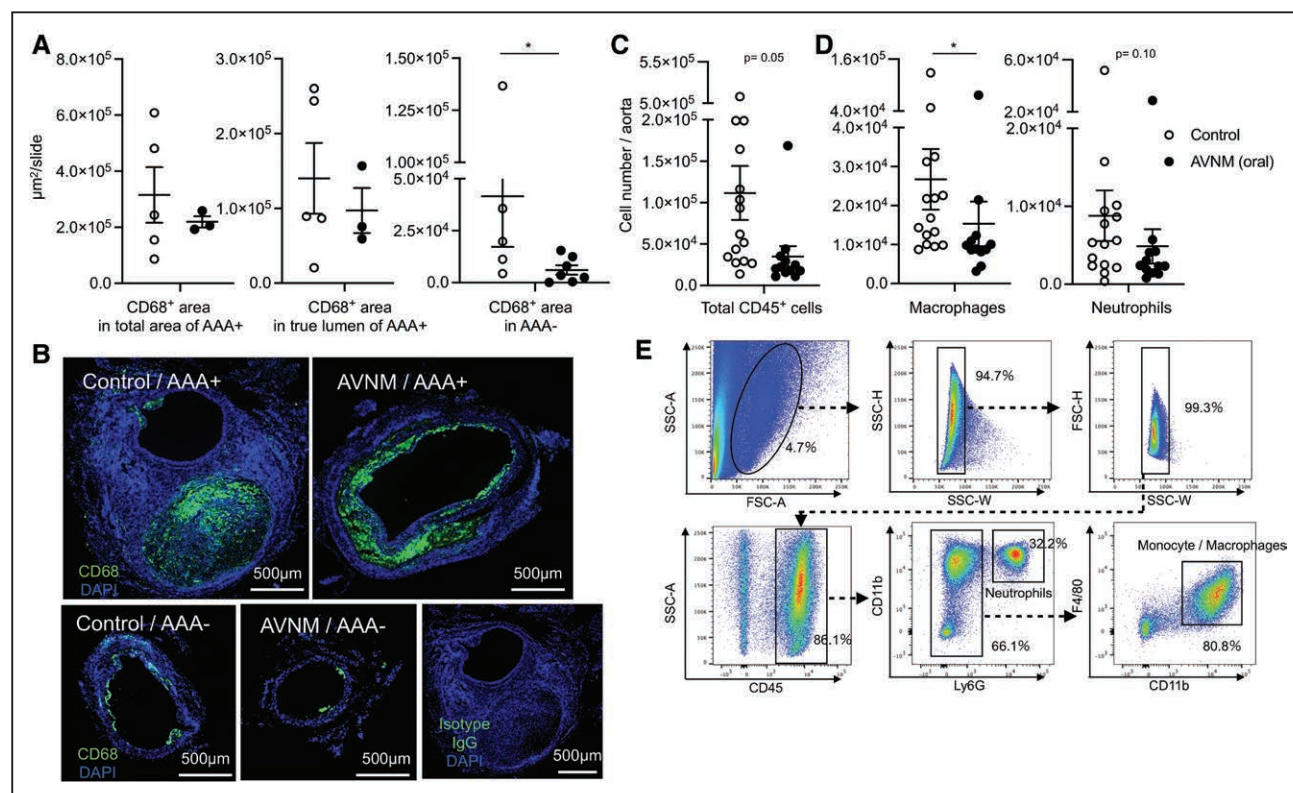


groups in each AAA- and AAA+ group, which were categorized by the presence of AAA. Oral AVNM treatment significantly suppressed the accumulation of CD68<sup>+</sup> monocytes or macrophages in the AAA- group. While the incidence of AAA induced a large wave of monocyte infiltration or macrophage proliferation in the aortae, CD68<sup>+</sup> monocytes or macrophage areas in only true lumen as well as in the total false and true lumen in the AAA+ group were not significantly different between the control and oral AVNM (oral) group (Figure 2A and 2B). Flow cytometry analysis revealed that oral AVNM treatment suppressed the accumulation of immune cells in the aortae (Figure 2C through 2E). In CD45<sup>+</sup> cells, we observed a significant reduction in CD11b<sup>+</sup> F4/80<sup>+</sup> macrophages, but not Ly6G<sup>+</sup> neutrophils (Figure 2C and 2D).

### Administration of Antibiotics Affected Monocyte Depletion Only in the Spleen, but not in Other Organs

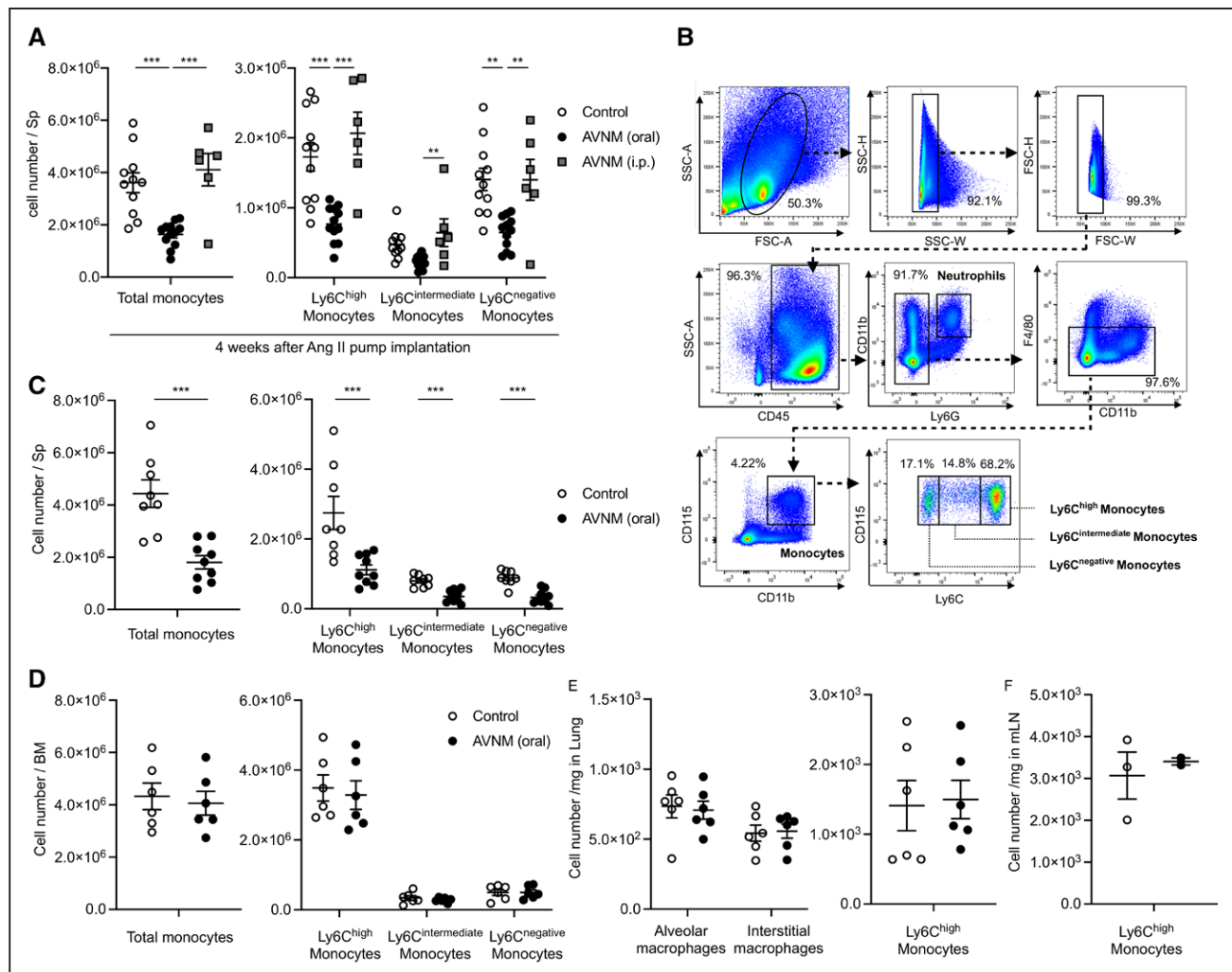
To determine why fewer monocytes or macrophages accumulated in the aortae in the AVNM group, we

assessed the effect of AVNM treatment on the number of pooled or generated monocytes. While bone marrow produces and contains numerous monocyte progenitors or monocytes, the spleen or lung contains extramedullary pooled monocytes. In the mice treated with AVNM for a week, the number of total and each subset of splenic reservoir monocytes, including Ly6C<sup>high</sup>, intermediate, and negative subsets, dramatically decreased in the oral AVNM group (Figure 3A). A reduction in monocytes or macrophages was not observed in the bone marrow or lung in the oral AVNM group (Figure 3C and 3D). Additionally, the same result was observed even at the 4-week time point where fewer monocytes were observed in the spleen in the oral AVNM group compared with the control or i.p. AVNM group (Figure 3E). Other populations, such as neutrophils, B cells, and T cells, in the blood or spleen were not affected by oral AVNM treatment (Figure S2). Oral AVNM did not affect the expression of chemokines, such as *Csf-1*, *Gm-csf*, and *Mcp-1* in the spleen (Figure S3A through S3C).



**Figure 2. Monocyte/macrophage accumulation in aortae was suppressed by depletion of gut microbiota.**

**A** and **B**, Quantification of cross-sectioned CD68 stained monocyte/macrophage area in total abdominal aortic aneurysm (AAA) (**A**, left), true lumen of AAA (**A**, center), or abdominal aortae without aneurysm (**A**, right). Representative immunofluorescence staining with CD68 monocytes/macrophages (green) and DAPI (blue) in AAA (**B**, bottom), abdominal aortae without aneurysm (**B**, top) in the control and AVNM (oral) groups and isotype control staining. Scale bar = 500  $\mu\text{m}$ . Mann–Whitney U test, control vs AVNM (oral),  $n=5$  vs 3 in AAA+,  $n=5$  vs 8 in AAA-. AAA+ is defined as  $>1.5$  mm of maximum aortic diameter. AAA- is defined as no development of aneurysm with the diameter  $<1.5$  mm. **C–E**, Total CD45<sup>+</sup> immune cells (**C**) CD11b<sup>+</sup>F4/80<sup>+</sup> monocytes/macrophages (**D**, left), and CD11b<sup>+</sup> Ly6G<sup>+</sup> neutrophils (**D**, right) were analyzed by flow cytometry in the thoracic and abdominal aortae in the control and AVNM (oral) groups. Mann–Whitney U test, control vs AVNM (oral),  $n=15$  vs 12. **E**, Staining scheme of fluorescence-activated cell sorting (FACS) plotting in aortic neutrophils and monocytes/macrophages. Error bars represent S.E.M. \* $P<0.01$ .



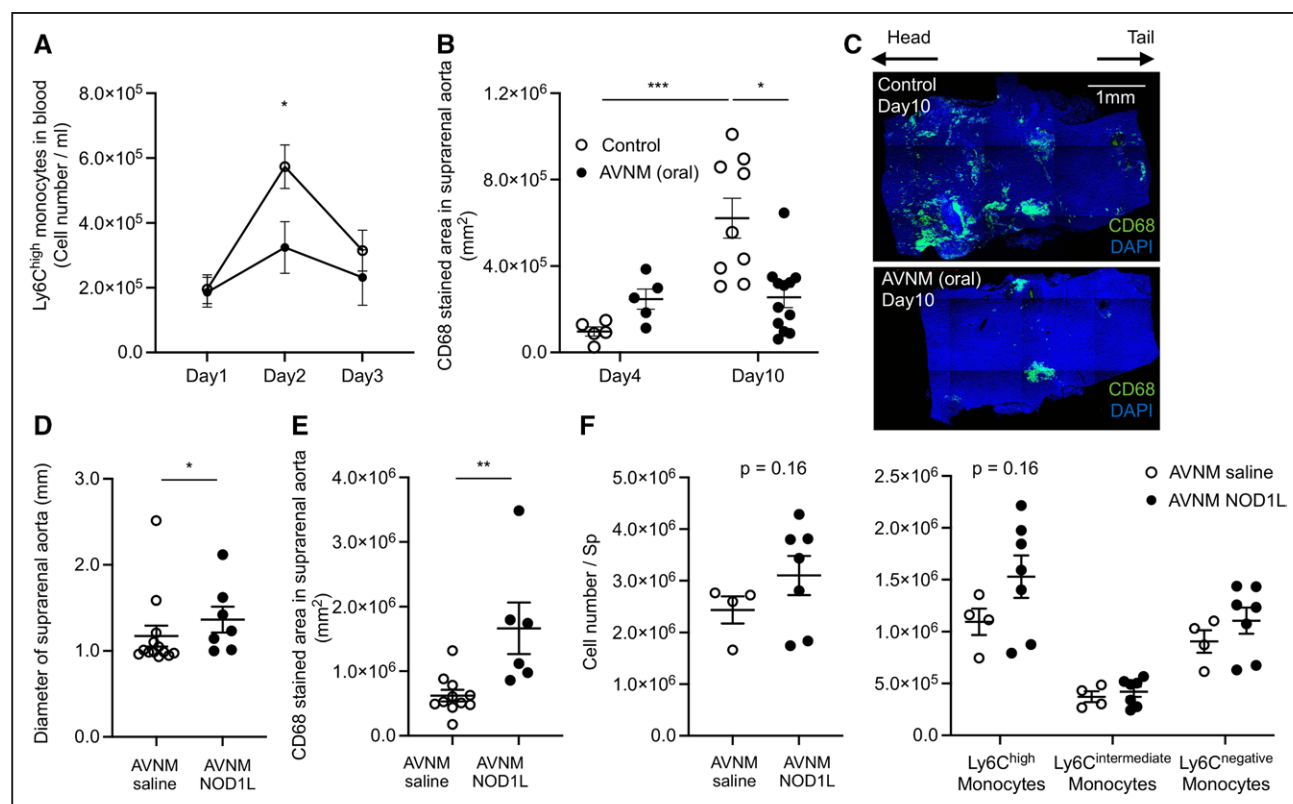
**Figure 3. Gut microbiota maintain monocyte reserving system in spleen, but not in bone marrow or lung.**

**A**, Cell numbers of total monocytes (left) and each subset of Ly6C<sup>high</sup>, intermediate, and negative monocytes (right) in the spleen in the control, AVNM (oral), and AVNM (i.p.) groups at 4 weeks after Ang II pump implantation. Control, n=11; AVNM (oral), n=12; AVNM (i.p.), n=6. **B**, Staining scheme of fluorescence-activated cell sorting (FACS) potting in splenic monocytes and each subset. **C**, Cell numbers of total monocytes (left) and each subset of Ly6C<sup>high</sup>, intermediate, and negative monocytes (right) in the spleen in the control and AVNM (oral) groups. Control, n=8; AVNM (oral), n=9. **D**, Cell numbers of total monocytes (left) and each subset of Ly6C<sup>high</sup>, intermediate, negative monocytes (right) in bone marrow in the control and AVNM (oral) groups. Control, n=6; AVNM (oral), n=6. **E**, Cell numbers of alveolar macrophages, intestinal macrophages (left), and Ly6C<sup>high</sup> monocytes (right) in the lungs of the control and AVNM (oral) groups. Control, n=6; AVNM (oral), n=6. **F**, Cell numbers of Ly6C<sup>high</sup> monocytes in the mesenteric lymph nodes in the control and AVNM (oral) groups. Control, n=3; AVNM (oral), n=2. The data were obtained after 1 week of treatment with a cocktail of antibiotics (AVNM) before pump implantation of Ang II (**C–F**). Student's *t* test (**A–C**) or ANOVA with Tukey's post hoc analysis (**D**). Error bars represent SEM \*\**P* < 0.01, \*\*\**P* < 0.001.

## Depletion of Gut Microbiota or Bacterial Signal Suppressed the Angiotensin II Induced Mobilization of Monocytes into Aortae

We investigated the time course of Ly6C<sup>high</sup> blood monocytes after Ang II implantation to bridge the gap between splenic monocytes and macrophage accumulation in the aortae. Blood monocytes increased in the control group, but not in the oral AVNM group, 2 days after Ang II implantation (Figure 4A). CD68 positive monocyte macrophage area in the suprarenal aorta significantly increased in the control group from Day 4 to Day 10 after Ang II administration, whereas there was no increase in

the AVNM group (Figure 4B and 4C). At Day 10, the accumulation of monocytes or macrophages tended to be suppressed in the AVNM group compared with that in the control (Figure 4B and 4C). A previous report has revealed that the reduction of Pattern Recognition Receptor ligands relates to the perturbation of splenic Ly6C<sup>high</sup> monocytes.<sup>23</sup> In particular, it has been reported that the presence of Nod1 ligand, a type of Pattern Recognition Receptor ligands, affected the absolute number of Ly6C<sup>high</sup> monocytes in the spleen. Interestingly, intra-peritoneal injection of Nod1 ligand tended to increase splenic reservoir monocytes, significantly increased the accumulation of CD68 positive monocyte macrophage



**Figure 4. Depletion of gut microbiota suppressed the migration of monocytes into aortae after Ang II implantation in early phase.**

**A**, Time course of Ly6C<sup>high</sup> monocytes in blood after Ang II pump implantation. Control, n=5; AVNM (oral), n=5. Student's *t* test. **B**, Quantification of CD68 stained areas in en face suprarenal abdominal aortae in the control and AVNM (oral) group at day4 and day10 after Ang II pump implantation. Control, n=5; AVNM (oral), n=5 (day 4). Control, n=9; AVNM (oral), n=12. Kruskal-Wallis test with Dunn's post-hoc analysis. **C**, Representative immunofluorescence staining with CD68 (green) and DAPI (blue) in en face suprarenal abdominal aortae at day10. **D** and **E**, Effects of Nod1L on aortic diameters (**D**) and CD68 stained areas (**E**) in en face suprarenal abdominal aortae in AVNM (oral) treated mice. Saline treated mice, n=11, Nod1L treated mice, n=7. **F**, Cell numbers of total monocytes (**left**) and each subset of Ly6C<sup>high</sup>, intermediate, negative monocytes (**right**) in spleen after Nod1L. Saline treated mice, n=4, Nod1L treated mice, n=7. Mann-Whitney U test. Error bars represent S.E.M. \*\**P* < 0.01, \**P* < 0.05. Nod1L = Nod1 ligand.

areas, and enlarged the diameters of suprarenal aortae in the oral AVNM group, indicating that Nod1 ligand cancelled the effect of depletion of gut microbiota (Figure 4D and 4E).

## DISCUSSION

Recently, gut microbiota has been shown to regulate several cardiovascular diseases, including atherosclerosis, through the immune system.<sup>17,24</sup> Herein, to the best of our knowledge, we have provided the first evidence of gut microbiota as a therapeutic target for AAAs by demonstrating that oral administration of AVNM suppressed the development or progression of AAAs in mice. Intraperitoneal injection of AVNM did not suppress the development or progression of AAAs, suggesting that the presence of gut microbiota in the intestinal tract, not migration into the blood stream, affected the pathogenesis of AAAs.

Pathological features of AAAs in humans include extracellular matrix degradation and loss of vascular smooth muscle cells associated with immune cell infiltration,

contributing to vascular remodeling and weakening of the aortic wall.<sup>1,4</sup> Among the innate and adaptive immune cells, macrophages have been shown to play a critical role in the formation of AAAs and are a major source of proteolytic enzymes, such as matrix metalloproteinases, which compromise the integrity of the vessel wall by degrading the extracellular matrix.<sup>4</sup> Monocyte-derived macrophages have an important contribution to macrophage accumulation in AAA.<sup>25</sup> Depletion of all types of aortic macrophages reduces the incidence of AAA, while selective depletion of lymphatic vessel endothelial receptor-1<sup>+</sup> (Lyve-1<sup>+</sup>) resident type adventitial aortic macrophages had no protective effects.<sup>26</sup>

We clearly showed the accumulation of macrophages in the suprarenal aorta in the control group in the early phase from Day 4 to Day 10 after Ang II administration, as is characteristic of this murine AAA model.<sup>27</sup> However, the accumulation of macrophages was not observed after Ang II administration in the AVNM group. To clarify the source of monocytes infiltrating aortic walls, we counted monocytes by flow cytometry in the bone marrow, lung, and spleen. The structure of the spleen enables the



removal of older erythrocytes and results in the efficient removal of microorganisms and cellular debris from the circulation.<sup>28</sup> Although monocytes have been considered circulating in the bloodstream, additional function of the spleen as a reservoir of undifferentiated monocytes has been clarified.<sup>29</sup> Splenic monocytes serve as a reservoir of monocytes in a steady state and accommodate them until a rapid onset of inflammation after myocardial infarction or atherosclerosis.<sup>29,30</sup>

In addition, splenic reservoir monocytes were demonstrated to mobilize from the spleen to the aorta in response to Ang II and contribute to the vascular inflammatory response and forming AAA in *Apoe*<sup>-/-</sup> mice.<sup>25</sup> Splenectomy suppressed the mobilization of monocytes from the spleen into the blood and inhibited the development of aneurysm, suggesting a direct link between splenic monocytes and aneurysmal inflammation.<sup>25</sup> Clinical studies have also reported that monocytes contribute to the development of aneurysms. One report has showed that patients with AAAs have a high proportion of circulating CD14<sup>++</sup>CD16<sup>+</sup> monocytes, which are thought to be categorized as Ly6C<sup>intermediate</sup> monocytes in mice.<sup>23,31</sup> Another report has demonstrated that intermediate CD14<sup>++</sup>CD16<sup>+</sup> and nonclassical CD14<sup>+</sup>CD16<sup>+</sup> monocyte subsets increased in patients with large AAAs.

Oral administration of AVNM suppressed the number of splenic reservoir monocytes but did not affect the number of monocytes in the bone marrow nor lung, which was consistent with a previous report.<sup>32</sup> Additionally, intraperitoneal injection of AVNM did not reduce the number of splenic reservoir monocytes, which excludes the possibility of immune modulating effect of antibiotics themselves. Additionally, a reduction in circulating Ly6C<sup>high</sup> monocytes in the blood in the early phase indicates that monocytes and macrophages that accumulate in the abdominal aorta are mobilized from the spleen by Ang II. In the present study, intraperitoneal injection of AVNM did not suppress the number of splenic reservoir monocytes. Our findings showed that gut microbiota, not bacteria leaked into the blood stream, regulated the total number of splenic reservoir monocytes. Therefore, we suggested that the development of AAAs was accelerated by monocyte mobilization from the spleen into the aorta, independent of blood pressure or cholesterol levels.

We found that the spleen was significantly affected by the presence of the gut microbiota. Depletion of gut microbiota did not influence the expression of chemokines such as *Csf-1*, *Gm-csf*, and *Mcp-1*. Therefore, a decrease in the number of reservoir monocytes in the spleen is not affected by these chemokines. It has been reported that reduction of Nod1 ligands, including gut bacterial peptidoglycan, by abolishing the entire gut microbiota is associated with reduced numbers and perturbed function of splenic Ly6C<sup>high</sup> monocytes, while LPS,

TLR4 ligand, do not affect the absolute number of splenic Ly6C<sup>high</sup> monocytes.<sup>33</sup> Indeed, our results demonstrated that administration of Nod1 ligand tended to increase splenic reservoir monocytes, suppressed the reduction of monocyte macrophage accumulation in the suprarenal aortae, and showed a correlation with increased diameter of the suprarenal aortae in gut microbiota depleted mice. Depletion of gut microbiota-derived factors, such as Nod1 ligands, may contribute to fewer splenic reservoir monocytes,<sup>33</sup> which in turn diminishes the number of monocytes mobilized into the blood by Ang II and suppresses the development of AAAs.

This study had several limitations. First, we were not able to use germ-free mice to deplete gut microbiota instead of AVNM because of the experimental complexities of this *Apoe*<sup>-/-</sup> murine model with Ang II pumps. Second, because depleting intestinal microbiota in humans by antibiotics is highly improbable because of side effects or toxicity, evaluating gut microbiota-derived important factors regulating reservoir monocytes such as Nod1 ligand in patients with AAAs is necessary. Thirdly, we did not clarify why Nod1 ligand affected only splenic monocytes. In the future, we will clarify the composition of the gut microbiota in patients with AAA and find a therapeutic option for AAA targeting the gut microbiota.

## PERSPECTIVE

This study is first report that showed a potential contribution of gut microbiota to the pathophysiology of Abdominal Aortic Aneurysms. The relationship between microbiota and development of AAAs are very complex and still unclear. We revealed that depletion of gut microbiota suppressed the formation of AAAs by altering monocyte-macrophage dynamics, suggesting that the gut microbiota could be a therapeutic target, although we need to find another safer method than a cocktail of antibiotics.

## ARTICLE INFORMATION

Received March 29, 2022; accepted August 29, 2022.

### Affiliations

Division of Development & Research, Noster inc, Kamiueno, Muko, Kyoto, Japan (R.S., H.N.). Division of Cardiovascular Medicine, Department of Internal Medicine, Kobe University Graduate School of Medicine, Kobe, Japan (R.S., H.N., T.E., T.Y., Y.S., N.Y., K.H.). Department of Cardiovascular Surgery, Kobe University Graduate School of Medicine, Kobe, Japan (T.I., K.Y., K.O.).

### Acknowledgement

None.

### Sources of Funding

This work was supported by the Japan Society for the Promotion of Science KAKENHI (grant nos. 17K09497, 20H03676; K.H., 19H03653; T.Y. and 20K17152; T.E.); PRIME from the Japan Agency for Medical Research and Development (18069370; T.Y.); Mochida Memorial Foundation for Medical and Pharmaceutical Research (T.E.); and Japan Foundation for Applied Enzymology (T.E.).

## Disclosure

The authors declare no known conflict of interest.

## REFERENCES

- Golledge J. Abdominal aortic aneurysm: update on pathogenesis and medical treatments. *Nat Rev Cardiol*. 2019;16:225–242. doi: 10.1038/s41569-018-0114-9
- Lederle FA, Johnson GR, Wilson SE, Chute EP, Littooy FN, Bandyk D, Krupski WC, Barone GW, Acher CW, Ballard DJ. Prevalence and associations of abdominal aortic aneurysm detected through screening. Aneurysm Detection and Management (ADAM) Veterans Affairs Cooperative Study Group. *Ann Intern Med*. 1997;126:441–449. doi: 10.7326/0003-4819-126-6-199703150-00004
- Tang W, Yao L, Roetker NS, Alonso A, Lutsey PL, Steenson CC, Lederle FA, Hunter DW, Bengtson LG, Guan W, et al. Lifetime risk and risk factors for abdominal aortic aneurysm in a 24-year prospective study: the ARIC study (Atherosclerosis risk in communities). *Arterioscler Thromb Vasc Biol*. 2016;36:2468–2477. doi: 10.1161/ATVBAHA.116.308147
- Raffort J, Lareyre F, Clement M, Hassen-Khodja R, Chinetti G, Mallat Z. Monocytes and macrophages in abdominal aortic aneurysm. *Nat Rev Cardiol*. 2017;14:457–471. doi: 10.1038/nrcardio.2017.52
- Oliver-Williams C, Sweeting MJ, Turton G, Parkin D, Cooper D, Rodd C, Thompson SG, Earnshaw JJ, Gloucestershire, Swindon Abdominal Aortic Aneurysm Screening P. Lessons learned about prevalence and growth rates of abdominal aortic aneurysms from a 25-year ultrasound population screening programme. *Br J Surg*. 2018;105:68–74. doi: 10.1002/bjs.10715
- Powell JT, Brady AR, Brown LC, Fowkes FG, Greenhalgh RM, Ruckley CV, Thompson SG; United Kingdom Small Aneurysm Trial Participants. Long-term outcomes of immediate repair compared with surveillance of small abdominal aortic aneurysms. *N Engl J Med*. 2002;346:1445–1452. doi: 10.1056/NEJMoa013527
- Lederle FA, Wilson SE, Johnson GR, Reinke DB, Littooy FN, Acher CW, Ballard DJ, Messina LM, Gordon IL, Chute EP, et al. Immediate repair compared with surveillance of small abdominal aortic aneurysms. *N Engl J Med*. 2002;346:1437–1444. doi: 10.1056/NEJMoa012573
- Cao P, De Rango P, Verzini F, Parlani G, Romano L, Cieri E, Group CT. Comparison of surveillance versus aortic endografting for small aneurysm repair (CAESAR): results from a randomised trial. *Eur J Vasc Endovasc Surg*. 2011;41:13–25. doi: 10.1016/j.ejvs.2010.08.026
- Ouriel K, Clair DG, Kent KC, Zarins CK; Positive Impact of Endovascular Options for treating Aneurysms Early (PIVOTAL) Investigators. Endovascular repair compared with surveillance for patients with small abdominal aortic aneurysms. *J Vasc Surg*. 2010;51:1081–1087. doi: 10.1016/j.jvs.2009.10.113
- Dale MA, Ruhlman MK, Baxter BT. Inflammatory cell phenotypes in AAAs: their role and potential as targets for therapy. *Arterioscler Thromb Vasc Biol*. 2015;35:1746–1755. doi: 10.1161/ATVBAHA.115.305269
- Yodoi K, Yamashita T, Sasaki N, Kasahara K, Emoto T, Matsumoto T, Kita T, Sasaki Y, Mizoguchi T, Sparwasser T, et al. Foxp3+ regulatory T cells play a protective role in angiotensin II-induced aortic aneurysm formation in mice. *Hypertension*. 2015;65:889–895. doi: 10.1161/HYPERTENSIONAHA.114.04934
- Hayashi T, Sasaki N, Yamashita T, Mizoguchi T, Emoto T, Amin HZ, Yodoi K, Matsumoto T, Kasahara K, Yoshida N, et al. Ultraviolet B exposure inhibits Angiotensin II-induced abdominal aortic aneurysm formation in mice by expanding CD4(+)Foxp3(+) regulatory T cells. *J Am Heart Assoc*. 2017;6:e007024. doi: 10.1161/JAHA.117.007024
- Kasahara K, Tanoue T, Yamashita T, Yodoi K, Matsumoto T, Emoto T, Mizoguchi T, Hayashi T, Kitano N, Sasaki N, et al. Commensal bacteria at the crossroad between cholesterol homeostasis and chronic inflammation in atherosclerosis. *J Lipid Res*. 2017;58:519–528. doi: 10.1194/jlr.M072165
- Stepankova R, Tonar Z, Bartova J, Nedorost L, Rossman P, Poledne R, Schwarzer M, Tlaskalova-Hogenova H. Absence of microbiota (germ-free conditions) accelerates the atherosclerosis in ApoE-deficient mice fed standard low cholesterol diet. *J Atheroscler Thromb*. 2010;17:796–804. doi: 10.5551/jat.3285
- Wang Z, Klipfell E, Bennett BJ, Koeth R, Levison BS, Dugar B, Feldstein AE, Britt EB, Fu X, Chung YM, et al. Gut flora metabolism of phosphatidylcholine promotes cardiovascular disease. *Nature*. 2011;472:57–63. doi: 10.1038/nature09922
- Emoto T, Yamashita T, Kobayashi T, Sasaki N, Hirota Y, Hayashi T, So A, Kasahara K, Yodoi K, Matsumoto T, et al. Characterization of gut microbiota profiles in coronary artery disease patients using data mining analysis of terminal restriction fragment length polymorphism: gut microbiota could be a diagnostic marker of coronary artery disease. *Heart Vessels*. 2017;32:39–46. doi: 10.1007/s00380-016-0841-y
- Yoshida N, Emoto T, Yamashita T, Watanabe H, Hayashi T, Tabata T, Hoshi N, Hatano N, Ozawa G, Sasaki N, et al. Bacteroides vulgatus and bacteroides dorei reduce gut microbial lipopolysaccharide production and inhibit atherosclerosis. *Circulation*. 2018;138:2486–2498. doi: 10.1161/CIRCULATIONAHA.118.033714
- Tang WH, Wang Z, Levison BS, Koeth RA, Britt EB, Fu X, Wu Y, Hazen SL. Intestinal microbial metabolism of phosphatidylcholine and cardiovascular risk. *N Engl J Med*. 2013;368:1575–1584. doi: 10.1056/NEJMoa1109400
- Koeth RA, Wang Z, Levison BS, Buffa JA, Org E, Sheehy BT, Britt EB, Fu X, Wu Y, Li L, et al. Intestinal microbiota metabolism of L-carnitine, a nutrient in red meat, promotes atherosclerosis. *Nat Med*. 2013;19:576–585. doi: 10.1038/nm.3145
- Shikata F, Shimada K, Sato H, Ikeda T, Kuwabara A, Furukawa H, Korai M, Kotoda M, Yokosuka K, Makino H, et al. Potential influences of gut microbiota on the formation of intracranial aneurysm. *Hypertension*. 2019;73:491–496. doi: 10.1161/HYPERTENSIONAHA.118.11804
- He X, Bai Y, Zhou H, Wu K. Akkermansia muciniphila alters gut microbiota and immune system to improve cardiovascular diseases in murine model. *Front Microbiol*. 2022;13:906920. doi: 10.3389/fmicb.2022.906920
- Miyauchi E, Kim SW, Suda W, Kawasumi M, Onawa S, Taguchi-Atarashi N, Morita H, Taylor TD, Hattori M, Ohno H. Gut microorganisms act together to exacerbate inflammation in spinal cords. *Nature*. 2020;585:102–106. doi: 10.1038/s41586-020-2634-9
- Ghigliotti G, Barisione C, Garibaldi S, Brunelli C, Palmieri D, Spinella G, Pane B, Spallarossa P, Altieri P, Fabbi P, et al. CD16(+) monocyte subsets are increased in large abdominal aortic aneurysms and are differentially related with circulating and cell-associated biochemical and inflammatory biomarkers. *Dis Markers*. 2013;34:131–142. doi: 10.1155/2013/836849
- Jonsson AL, Backhed F. Role of gut microbiota in atherosclerosis. *Nat Rev Cardiol*. 2017;14:79–87. doi: 10.1038/nrcardio.2016.183
- Mellak S, Ait-Oufella H, Esposito B, Loyer X, Poirier M, Tedder TF, Tedgui A, Mallat Z, Potteaux S. Angiotensin II mobilizes spleen monocytes to promote the development of abdominal aortic aneurysm in ApoE<sup>-/-</sup> mice. *Arterioscler Thromb Vasc Biol*. 2015;35:378–388. doi: 10.1161/ATVBAHA.114.304389
- Uldreaj A, Li A, Chen Y, Besla R, Pacheco S, Althagafi MG, Cybulsky MI, Lindsay T, Robbins CS, Byrne JS. Adventitial recruitment of Lyve-1<sup>+</sup> macrophages drives aortic aneurysm in an angiotensin-2-based murine model. *Clin Sci (Lond)*. 2021;135:1295–1309. doi: 10.1042/CS20200963
- Daugherty A, Cassis LA. Mouse models of abdominal aortic aneurysms. *Arterioscler Thromb Vasc Biol*. 2004;24:429–434. doi: 10.1161/01.ATV.0000118013.72016.ea
- Mebius RE, Kraal G. Structure and function of the spleen. *Nat Rev Immunol*. 2005;5:606–616. doi: 10.1038/nri1669
- Swirski FK, Nahrendorf M, Etzrodt M, Wildgruber M, Cortez-Retamozo V, Panizzi P, Figueiredo JL, Kohler RH, Chudnovskiy A, Waterman P, et al. Identification of splenic reservoir monocytes and their deployment to inflammatory sites. *Science*. 2009;325:612–616. doi: 10.1126/science.1175202
- Robbins CS, Chudnovskiy A, Rauch PJ, Figueiredo JL, Iwamoto Y, Gorbato R, Etzrodt M, Weber GF, Ueno T, van Rooijen N, et al. Extramedullary hematopoiesis generates Ly-6C(hi) monocytes that infiltrate atherosclerotic lesions. *Circulation*. 2012;125:364–374. doi: 10.1161/CIRCULATIONAHA.111.061986
- Rubio-Navarro A, Amaro Villalobos JM, Lindholt JS, Buendia I, Egido J, Blanco-Colio LM, Samaniego R, Meilhac O, Michel JB, Martin-Ventura JL, et al. Hemoglobin induces monocyte recruitment and CD163-macrophage polarization in abdominal aortic aneurysm. *Int J Cardiol*. 2015;201:66–78. doi: 10.1016/j.ijcard.2015.08.053
- Weaver LK, Minichino D, Biswas C, Chu N, Lee JJ, Bittinger K, Albeituni S, Nichols KE, Behrens EM. Microbiota-dependent signals are required to sustain TLR-mediated immune responses. *JCI Insight*. 2019;4:e124370. doi: 10.1172/jci.insight.124370
- Kolypetri P, Liu S, Cox LM, Fujiwara M, Raheja R, Ghitza D, Song A, Daatselaar D, Willocq V, Weiner HL. Regulation of splenic monocyte homeostasis and function by gut microbial products. *iScience*. 2021;24:102356. doi: 10.1016/j.isci.2021.102356