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RESEARCH ARTICLE

Tumor budding and adjacent tissue at the invasive front correlate with delayed neck metastasis in clinical early-stage tongue squamous cell carcinoma

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Background and Objectives: Some patients with early-stage oral cancer have a poor prognosis owing to the delayed neck metastasis (DNM). Tumor budding is reportedly a promising prognostic marker in many cancers. Moreover, the tissue surrounding a tumor is also considered to play a prognostic role. In this study, we evaluated whether tumor budding and adjacent tissue at the invasive front can be potential novel predictors of DNM in early tongue cancer.

Methods: In total, 337 patients with early-stage tongue squamous cell carcinoma were retrospectively reviewed. The patient characteristics and histopathological factors were evaluated for association with DNM. DNM rates were calculated; items which were significant in the univariate analysis were used as explanatory variables, and independent factors for DNM were identified by the multivariate analysis.

Results: The univariate analysis identified T classification, depth of invasion, tumor budding, vascular invasion, and adjacent tissue at the invasive front as significant predictors of DNM; the multivariate analysis using these factors revealed all the above variables except vascular invasion, which are independent predictors of DNM.

Conclusion: In addition to conventional predictors, high grade tumor budding and adjacent tissue at the invasive front can serve as useful predictors of DNM in early tongue cancer.

KEYWORDS

metachronous neck metastasis, prognostic indicator, small cancer-cell clusters, tongue cancer, tumor-adjacent tissue

1 | INTRODUCTION

Oral cavity squamous cell carcinoma (OSCC) represents a heterogeneous group of head and neck cancers. OSCC is one of the leading causes of cancer-related deaths worldwide.¹⁻³ Tongue squamous cell carcinoma (TSCC) is the most common cancer diagnosed in the oral cavity, comprising 25%-40% of oral carcinomas, and along with the closely related cancer of the floor of the mouth (15%-20%) accounts for more than half of all oral carcinomas when excluding those affecting the lips.^{4,5} TSCC has a high recurrence rate, and is significantly more aggressive than other forms of oral cancer, with a propensity for rapid local invasion and spread.^{6,7} Tumor stage represented by the tumor, node, and metastasis staging system (TNM) is routinely regarded as the strongest prognostic parameter for patients with TSCC. However, similarly staged patients with TSCC may present with markedly different prognoses, indicating that the TNM stage cannot completely explain the tumor behavior. The detection of TSCC at an early-stage (T1/T2N0M0) does not always lead to a good prognosis, as 20%-40% of patients show occult metastasis at the presentation.⁷⁻⁹ In general, oral cancers that have clinically evident cervical lymph node metastasis are treated with tumor resection and modified radical neck dissection, whereas early-stage oral cancers (cT1/T2N0 cases) are treated with primary tumor resection alone. In our experience, however, some cases classified as cT1-2N0M0 have delayed neck metastasis (DNM) during the early period after tumor resection. The resection margin and pathological differentiation of tumors are unsatisfactory in many cases, with respect to predicting DNM and poor prognosis of patients.¹⁰

Therefore, it is important to identify novel predictors of metastasis for the TSCC treatment. Many investigators have proposed that detailed histopathological grading of the tumors with specific histopathological scoring systems may help clinicians in the individualization of the treatment and in prognostication of patients with OSCC.¹⁰⁻¹⁴ Although some studies have found such systems useful for prognostication of TSCC,¹⁵⁻¹⁷ most of the models are either too cumbersome for clinical diagnosis or have no prognostic significance, particularly for TSCC.¹⁸⁻²¹

Tumor budding, defined as the presence of small single-cancer-cell clusters of fewer than five cells at the tumor invasive front,^{22,23} has been reported to be an independent prognostic factor for several cancers such as lung, gastrointestinal, colorectal, pancreatic, and esophageal cancers.²⁴⁻²⁸ There are few reports on the role of tumor budding in oral cancer.²⁹⁻³³ Tumor budding represents two main features of a malignancy: loss of cell adhesion and active tumor invasion.³⁴⁻³⁶ These features represent a more aggressive and malignant tumor potential.³⁷ As tumor budding is easily identified in hematoxylin and eosin (H&E) or in immunohistochemically stained sections, it may be useful to screen patients who are candidates for elective neck lymph node dissection or multimodal therapy for this phenomenon after the surgery. The depth of tumor invasion has also been described as an important prognostic parameter for OSCCs, and a depth of ≥ 4 mm was found to be associated with lymph node metastasis; lymph node metastasis is

considered to be the most important marker for guiding therapy and for predicting prognosis in OSCC.^{31,38,39} Previous studies have reported that the response of the tissue surrounding the tumor, including the lymphocytic host response (LHR)^{40,41} and cancer-associated fibroblasts (CAFs),⁴²⁻⁴⁴ was correlated with the prognosis of OSCC. Therefore, we hypothesized that the adjacent tissue-type at the invasive front may be associated with lymph node metastasis and prognosis. We, therefore, chose previously suggested histomorphological parameters and two other novel, practical, and easy-to-evaluate parameters, namely, tumor budding and adjacent tissue at the invasive front, and evaluated them for any prognostic relevance for TSCC. We also analyzed the correlation of tumor budding and adjacent tissue at the invasive front with clinicopathologic features and DNM in clinical early-stage TSCC.

2 | MATERIALS AND METHODS

2.1 | Patients

Patients with Stage I-II TSCC who underwent surgical resection of the primary tumor without elective neck dissection (END) between January 2008 and December 2014 were retrospectively reviewed. All the patients were at least 15 years of age and had an Eastern Cooperative Oncology Group performance status score of 0 to 3. The staging was based on the TNM classification of the Union for International Cancer Control (UICC) and American Joint Committee on Cancer (AJCC; 7th edition). In all patients, neck metastasis was evaluated using palpation, computed tomography (CT), cervical ultrasonography, and 18F-fluorodeoxyglucose-positron emission tomography/CT. As an auxiliary procedure, magnetic resonance imaging was also performed. As a rule in all institutions, if neck metastasis was not detected after the examination and imaging procedures, the patient was treated according to the "wait and see" policy without END. A total of 432 patients were included in this study. We excluded 60 patients who underwent END for reasons such as reconstructive surgery, 26 patients who had the recurrent disease at the primary site, and 9 patients for whom the sufficient pathological data were not available, leaving a total of 337 patients eligible for the enrollment in this study. The following factors were evaluated as background factors: age, sex, and disease stage. The medical records of all patients treated at the Department of Oral and Maxillofacial Surgery, Nara Medical University Hospital, Osaka University Hospital, Nagasaki University Hospital, Kobe University Hospital, Tokai University, and Shinshu University Hospital were evaluated. The study protocol was approved by the Ethics Committee of Nara Medical University and was in accordance with the Helsinki Declaration of 1975, and its revision in 1983. Informed consent was obtained from all the patients enrolled in the study.

2.2 | Histopathological analyses

The formalin-fixed and paraffin-embedded specimens or slices archived at each institution were used for pathological analyses.

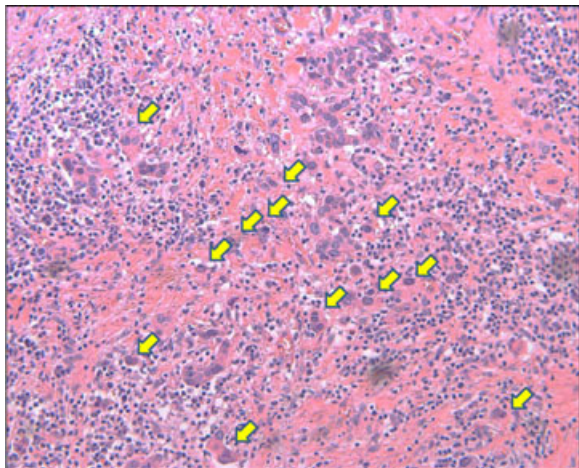


FIGURE 1 Histopathological analysis of tumor budding at the tumor invasive front (arrow; 20× magnification) [Color figure can be viewed at wileyonlinelibrary.com]

Paraffin specimens were sectioned to a thickness of 4 μ m and stained with H&E. All specimens were assessed by more than two pathologists who were blinded to the clinical data.

The depth of invasion (DOI) was measured from the tumor surface to the deepest point of invasion.^{29,31} The cut-off point for DOI was set at 4 mm.^{29,31,38,45}

Tumor budding is defined as the presence of a single-cancer-cell or small cluster of < 5 cancer cells at the invasive front.^{22,23,31,46,47} Tumor specimens were initially scanned with a 4× objective lens (and a 10× ocular lens) to select the appropriate areas. The number of

budding foci was counted in a selected field using the 20× objective lens at the tumor invasive front (Figure 1). The patients were classified into three grades according to the number of tumor buds: low-grade group in which the patient had no buds/field, intermediate grade group in which the patient had 1 to 4 buds/field, or the high-grade group in which the patient had ≥ 5 buds/field.

The presence of lymphoid, fibrous, muscle, and fatty tissues was assessed to evaluate the adjacent tissue at the invasive front. Representative examples of histopathological parameters are shown in Figure 2.

The histological tumor differentiation was classified according to the World Health Organization (WHO) criteria, and the presence of vascular invasion and perineural invasion was evaluated.

Tumor budding and the adjacent tissue were determined at the tumor invasion front. Most other parameters were determined by conventional methods.

2.3 | Statistical analyses

All analyses were performed using the StatFlex ver.6 software (Artech Co., Osaka, Japan). The DNM rates and overall survival (OS) rates were calculated by the Kaplan-Meier method and compared using the log-rank test. Variables with significant differences detected in the univariate analysis were used as explanatory variables to extract independent factors related to DNM by the multivariate analysis. The multivariate analysis was performed using the Cox proportional hazards model. For all statistical analyses, *P* values of < 0.05 were considered significant.

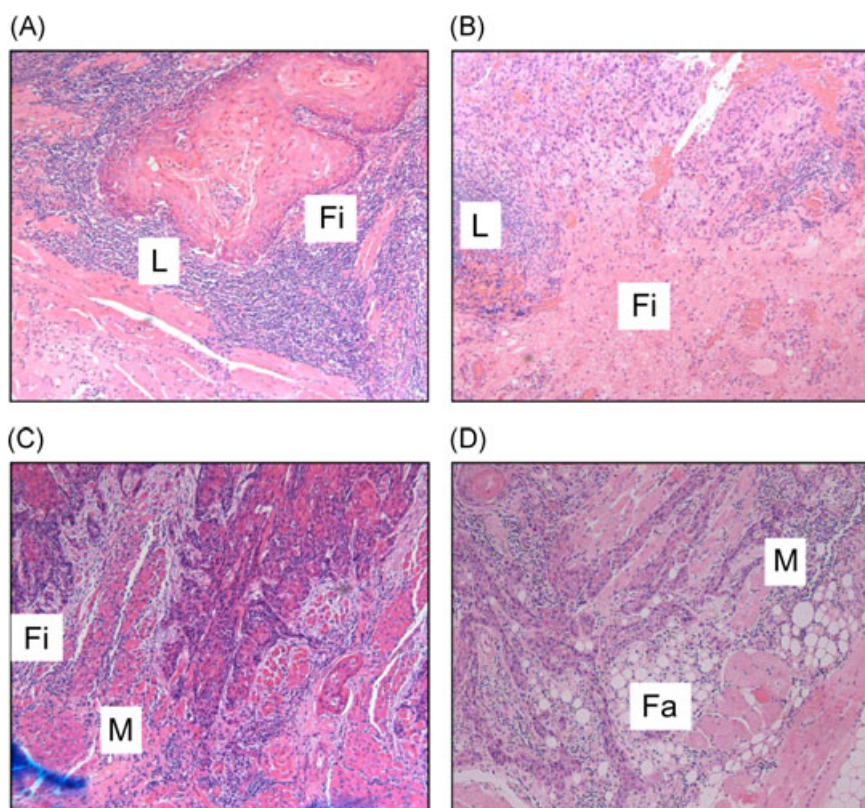


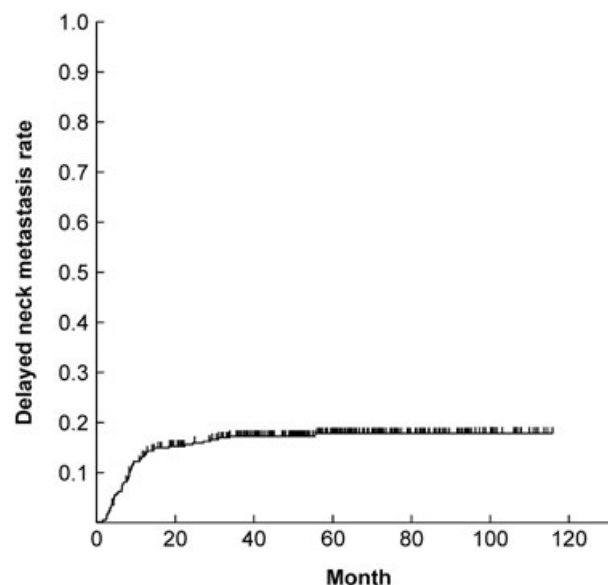
FIGURE 2 Representative examples of histopathological parameters for adjacent tissue at the invasive front. A,B, Presence of lymphocytes and fibrous tissue. C, Presence of fibrous tissue and muscle tissue. D, Presence of muscle tissue and fatty tissue. L, lymphocytes; Fi, fibrous tissue; M, muscle tissue; Fa, fatty tissue [Color figure can be viewed at wileyonlinelibrary.com]

TABLE 1 Clinicopathological characteristics of the patients enrolled in the study

	No.	%
Age		
<65	163	48.4
≥65	174	51.6
Sex		
Male	192	57.0
Female	145	43.0
T classification		
T1	221	65.6
T2	116	34.4
Tumor Budding grades (buds/field)		
Low: 0	243	72.1
Intermediate: 1-4	46	13.7
High: ≥ 5	48	14.2
Differentiation		
Well	224	66.5
Moderate	107	31.7
Poor	6	1.8
Depth of invasion (mm)		
<4	215	63.8
≥4	122	36.2
Venous invasion		
v(-)	278	82.5
v(+)	59	17.5
Lymphovascular invasion		
ly(-)	306	90.8
ly(+)	31	9.2
Perineural invasion		
neu(-)	306	90.8
neu(+)	31	9.2
Adjacent tissue at invasive front		
Lymphocytes		
Absent	25	7.4
Present	312	92.6
Fibrous tissue		
Absent	139	41.3
Present	198	58.8
Muscle tissue		
Absent	185	54.9
Present	152	45.1
Fatty tissue		
Absent	288	85.5
Present	49	14.5

3 | RESULTS

The patients included 192 (57.0%) men and 145 (43.0%) women, with a mean age of 61.9 years (range, 15-92 years). Clinicopathological characteristics of the patients are summarized in Table 1. According to the UICC/AJCC TNM classification (7th edition), T1 was detected in 221 patients (65.6%) and T2 in 116 (34.4%) patients. The median follow-up time for patients was 58.2 months (range, 4-116 months). Based on the WHO grading system, 224 tumors (66.5%) were classified as well-differentiated, 107 (31.7%) as moderately differentiated, and 6 (1.8%) as poorly differentiated. The DOI ranged from

**FIGURE 3** Kaplan-Meier curves for delayed neck metastatic rate in all patients

0.2 to 13.0 mm (median: 2.5 mm). A DOI of < 4 mm was observed in 215 patients (63.8%), whereas a DOI of ≥ 4 mm was observed in 122 patients (36.2%). Tumor budding was not present in 243 patients (72.1%). Budding was of intermediate grade (1-4 buds/field) in 46 patients (13.7%) and of high grade (≥ 5 buds/field) in 48 patients (14.2%). Venous invasion, lymphovascular invasion, and perineural invasion were observed in 59 (17.5%), 31 (9.2%), and 31 patients (9.2%), respectively. In the adjacent tissue at the invasive front, lymphocytes, fibrous tissue, muscle tissue, and fat tissue were present in 312 (92.6%), 198 (58.7%), 152 (45.1%), and 49 patients (14.5%), respectively.

DNM was detected in 58 (17.2%) of 337 patients during the overall study period. The 5-year cumulative DNM rate for the entire cohort was 17.8% (Figure 3) and the 5-year OS rate was 90.9%. The DNM rate was 12.6% in T1 and 28.7% in T2 cases, demonstrating a significant difference ($P = 0.0001$; Figure 4A, Table 2). The DNM rate according to DOI was significantly different between < 4 mm and ≥ 4 mm cases ($P < 0.0001$; Figure 4B, Table 2). The patients who had no buds/field had significantly different DNM rates at 10.4%, compared with DNM rates of 26.2% for patients who had intermediate grade (1-4 buds/field) ($P = 0.0012$) and 47.2% for patients who had high grade (≥ 5 buds/field) ($P < 0.0001$) budding (Figure 4C, Table 2). The DNM rates were not significantly different for the lymphocytes and fibrous tissue at the adjacent tissue at invasive front (Figure 5A, B, Table 2). However, the DNM rates in the adjacent tissue at the invasive front were significantly different between cases with muscle tissue (31.6%) and those without muscle tissue (6.6%) ($P < 0.0001$; Figure 5C, Table 2). Furthermore, a significant difference was seen between cases with fat tissue (37.2%) and those without fat tissue (14.4%) ($P < 0.0001$; Figure 5D, Table 2). Patients with venous invasion and lymphovascular invasion had

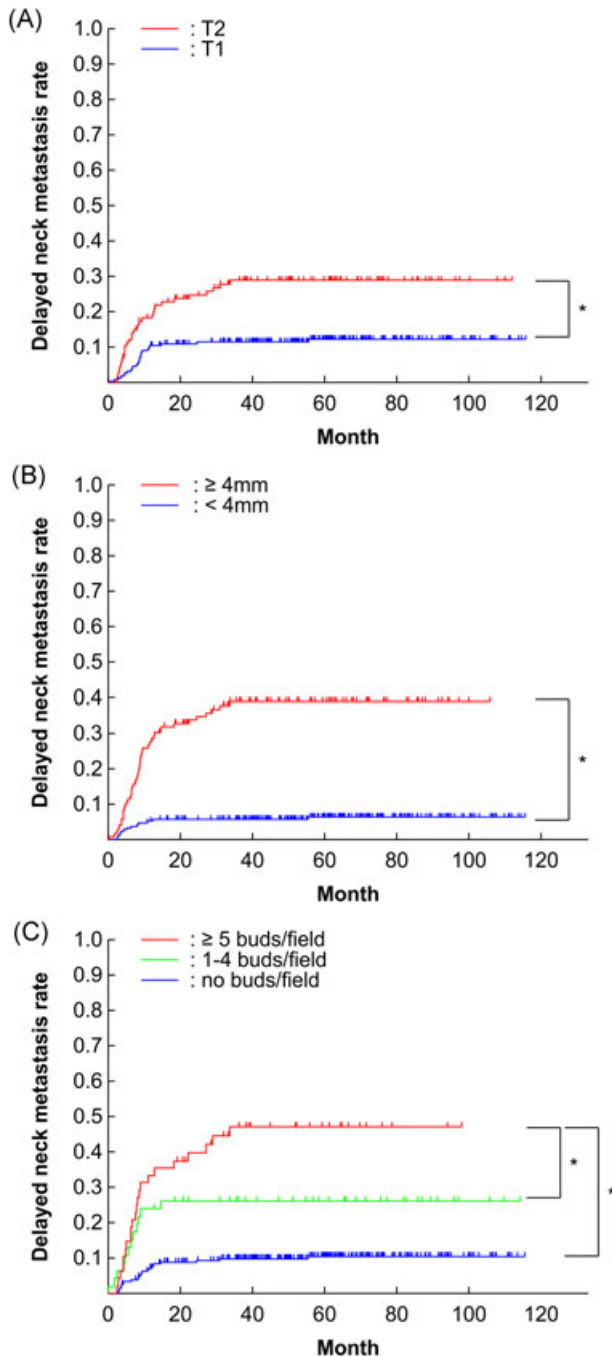


FIGURE 4 (A) Kaplan-Meier curves for delayed neck metastatic rate according to T classification, B, depth of invasion, and C, tumor budding. * $P < 0.05$ [Color figure can be viewed at wileyonlinelibrary.com]

significantly higher DNM rates ($P < 0.05$, Table 2). No significant differences were observed based on sex, age, pathologic differentiation, or perineural invasion (Table 2).

Multivariate analysis using the seven parameters that correlated significantly with DNM in the univariate analyses revealed that T classification (T2, $P = 0.0112$, hazard ratio (HR): 2.02; 95% confidence interval (CI): 1.17-3.47), tumor budding (high grade: ≥ 5 buds/field, $P = 0.0179$, HR: 2.22; 95% CI: 1.15-4.30), DOI (≥ 4 mm, $P = 0.0001$, HR:

3.91; 95% CI: 1.95-7.85), and presence of muscle tissue at the adjacent tissue at the invasive front ($P = 0.0087$, HR: 2.59; 95% CI: 1.27-5.26) to be independent risk factors for DNM (Table 2). Tumor budding (intermediate grade: 1-4 buds/field), venous invasion, lymphovascular invasion, and presence of fat tissue in the adjacent tissue at the invasive front were not independent factors for DNM.

4 | DISCUSSION

Even patients with early-stage oral cavity cancer (cStage I-II) often have poor outcomes due to DNM. In particular, the prognosis of tongue cancer is relatively worse than that of oral cancers occurring at other subsites.⁴⁸ In early-stage tongue cancer, surgical resection of the primary lesion alone is often performed after patients are diagnosed as having low-risk of cervical metastasis. However, DNM has been reported in 20%-40% of such cases.⁷⁻⁹ Therefore, to lower the risk of DNM, END is indicated, with the aim of improving regional control rate. However, patients undergoing unnecessary END are at risk of developing complications. In patients with early-stage tongue cancer, there are no clear criteria for performing END as of date, and the treatment method remains controversial.⁴⁹ Thus, neck dissection is often performed without confirmed evidence of cervical lymph node metastasis.³⁸ In recent years, sentinel node navigation surgery (SNNS) has been reported to be effective for early-stage tongue cancer,^{50,51} but SNNS is not widely used at present, and requires further studies to be accepted and performed as a routine procedure. In early-stage tongue cancer, differentiation between low-risk patients who can be adequately treated by resection of the primary lesion alone, and high-risk patients in whom resection of the primary lesion alone is inadequate, is important for follow-up and determination of the necessity for END and multimodal treatment.

To identify new predictors of DNM in patients with early-stage tongue cancer, we evaluated several novel parameters, in addition to TNM classification and conventional histopathological parameters. As new candidate predictors, tumor budding and adjacent tissue at the invasive front were used because they can be evaluated using H&E staining alone; this analysis procedure is performed routinely, and thus saves time and is cost-effective.

The DOI has been reported as a major predictor of occult neck metastasis or DNM in early-stage tongue cancer. Many studies have demonstrated a marked increase in DNM when the DOI was more than 4 mm.^{29,31,38,39,45} In this study, we observed that a DOI ≥ 4 mm was an independent predictor of DNM.

Tumor budding has been reported to be associated with poor prognosis and lymph node metastasis in several types of carcinomas.²⁴⁻²⁸ In particular, in colorectal cancer, tumor budding is recognized as a prognostic factor by the WHO, and the International Tumor Budding Consensus Conference (ITBCC) achieved consensus on 10 statements regarding diagnosis and assessment.⁵² In addition, ≥ 5 tumor buds/field has been reported to be associated with a poor prognosis,²⁹⁻³² we classified patients according to the number

TABLE 2 Results of univariate and multivariate analyses

Variable	Univariate analysis		Multivariate analysis		
	DNM rates (%)	P	bHR	95%	P
Age					
<65	19.3				
≥65	16.3	0.4083			
Sex					
Male	14.8				
Female	21.8	0.0977			
T classification					
T1	12.2		Ref.		
T2	28.7	0.0001*	2.02	1.17-3.47	0.0112*
Tumor Budding (buds/field)					
Low: 0	10.4	Ref.	Ref.		
Intermediate: 1-4	26.2	0.0012*	1.24	0.59-2.61	0.5738
High: ≥ 5	47.2	<0.0001*	2.22	1.15-4.30	0.0179*
Differentiation					
Well	17.9	Ref.			
Moderate	15.9	0.5234			
Poor	33.3	0.3118			
Depth of invasion (mm)					
<4	6.4		Ref.		
≥4	38.7	<0.0001*	3.91	1.95-7.85	0.0001*
Venous invasion					
v(-)	15.2		Ref.		
v(+)	30.5	0.008*	0.86	0.46-1.60	0.6299
Lymphovascular invasion					
ly(-)	16.2		Ref.		
ly(+)	33.9	0.0249*	1.07	0.52-2.22	0.8484
Perineural invasion					
Neu(-)	16.5				
Neu(+)	30.1	0.1009			
Adjacent tissue at invasive front					
Lymphocytes					
Absent	16.6				
Present	17.9	0.7955			
Fibrous tissue					
Absent	19.8				
Present	16.4	0.4002			
Muscle tissue					
Absent	6.6		Ref.		
Present	31.6	<0.0001*	2.59	1.27-5.26	0.0087*
Fatty tissue					
Absent	14.4		Ref.		
Present	37.2	<0.0001*	1.41	0.75-2.65	0.2912

Abbreviations: DNM, delayed neck metastasis; HR, hazard ratio; CI, confidence interval.

*P < 0.05 < 0.05.

of buds into groups with ≥ 5 buds/field (high grade), 1 to 4 buds/field (intermediate grade) or no bud/field (low grade). In this study, high-grade tumor budding (≥ 5 buds/field) was an independent predictor of DNM. For more accurate evaluation of tumor budding, immuno-histochemical staining of pan-cytokeratin has been recommended by a previous study.³⁰ However, according to the ITBCC's recommendations, "tumor budding is counted by H&E" and "tumor budding is assessed in one hotspot at the invasive front." In this study, this assessment method was adopted for evaluating TSCC. Neck metastasis was also reported to be predicted by evaluating tumor budding in biopsy specimens.⁵³ However, evaluation in biopsy specimens is not equivalent to the assessment at the tumor invasive

front, and may not allow for accurate evaluation of other parameters. Cancer metastasis requires cancer cell invasion into the stroma, cancer cell invasion/migration into the vessels, and cancer cell colonization/proliferation in the lymph nodes.⁵⁴ The initiation of invasion is known to be induced by the epithelial-mesenchymal transition (EMT).^{55,56} As a correlation between EMT and tumor budding has been reported,^{32,57,58} tumor budding can be regarded as an early step in cancer metastasis.⁵⁹ Therefore, in patients exhibiting tumor budding, the risk of DNM may be high. In this study, many patients had no tumor budding. This may have been because the patients in this study had early-stage tongue cancer and this metastasis step had not yet occurred.

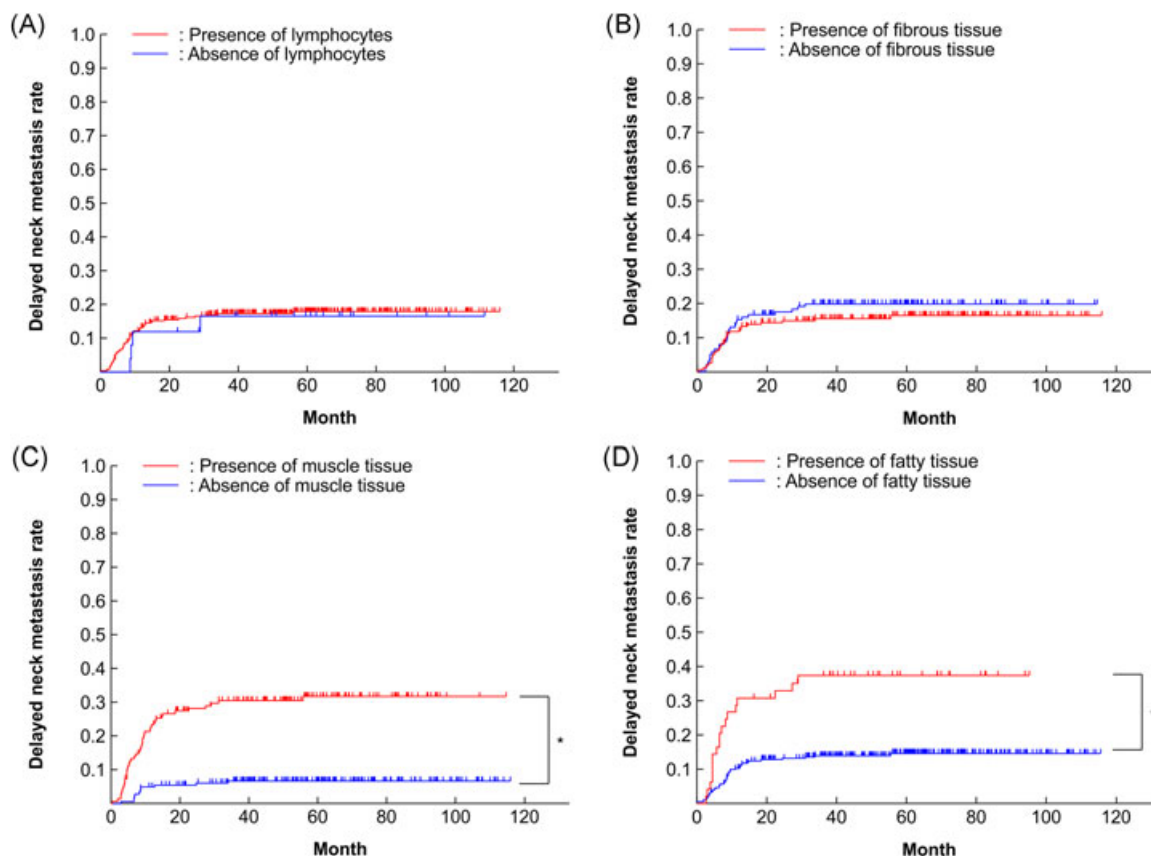


FIGURE 5 Kaplan-Meier curves for delayed neck metastatic rate according to adjacent tissue at the invasive front. A, Lymphocytes, B, fibrous tissue, C, muscle tissue, D, and fatty tissue * $P < 0.05$ [Color figure can be viewed at wileyonlinelibrary.com]

Adjacent tissue at the invasive front was detected as a new candidate predictor in this study. Previous studies have reported parameters such as LHR^{40,41} and CAFs,⁴²⁻⁴⁴ which comprise the responses of tissue surrounding the tumor, can be used as prognostic factors. LHR has been reported to be associated with a favorable prognosis^{10,41,60}; CAFs, in contrast, have been reported to be correlated with a poor prognosis,^{42,61} but not in early-stage tongue cancer.³¹ In this study, focusing on tissue surrounding the tumor, we evaluated the types of adjacent tissue (lymphoid, fibrous, muscle, and fat tissues) at the tumor invasive front and the association between the presence of each type of tissue and the DNM rate. Univariate analysis demonstrated significant correlations between the presence of muscle/fat tissue and the DNM rate. Based on multivariate analysis, only muscle tissue was an independent predictor of DNM. The incidence of DNM was high in patients with muscle tissue at the tumor invasive front. This may have been because in addition to deep invasion, invasion along muscle fibers was also present in cases showing muscle tissue invasion. Therefore, there is a possibility that delayed metastasis was not prevented by the routine resection method. Tissues adjacent to the tumor may be evaluated accurately using immunostaining. For example, myosin staining allows for more accurate evaluation of muscle tissue. Immunostaining may thus affect the proportion of patients exhibiting each type of tissue, and influence the results of the evaluation. In other words, the presence of fat

tissue may be identified as an independent prognostic factor when the presence of the muscle tissue decreases.

The main limitation of this study is that H&E staining was the only investigative method used for the analysis of resected specimens. At most institutions, H&E staining of resected specimens is used to evaluate conventional parameters. Therefore, no additional efforts in cost and time were necessary for evaluating the parameters in this study. However, there is a possibility that tumor budding and adjacent tissues at the invasive front can be more accurately evaluated by immunostaining, which requires further studies. A detailed investigation about OS was not important in this study because cases with local recurrence were excluded and the follow-up period was short. In studies of patients with early-stage tongue cancer, a long follow-up period and the inclusion of local recurrence cases are necessary to investigate the correlation of OS with each parameter. Furthermore, in this study, the DOI was evaluated using resected specimens (surgical specimens), similar to previous studies.^{29,31,38,39,45} Preoperative imaging-based DOI assessment was not included in the criteria for determining a therapeutic strategy and whether END should be performed. For patients who did not require reconstruction with a vascular pedicle free flap, the “wait and see” policy without END was the selected treatment method. Future studies should probably include DOI assessment with various preoperative imaging procedures to determine how significant a factor it is in predicting occult metastases.

Based on multivariate analysis, the clinical T stage (T2), DOI (≥ 4 mm), tumor budding (≥ 5 buds/field), and tumor-adjacent tissue (muscle tissue) correlated strongly with and were independent predictors of DNM. Patients with early-stage tongue cancer may thus be stratified based on these factors to identify those at a high-risk for DNM. A careful follow-up of the high-risk patients thus identified is indicated. In addition, in patients with more than one of these risk factors, a frequent and stringent follow-up is indicated, along with the inclusion of END or postoperative adjuvant therapy in the treatment regimen.

5 | CONCLUSION

In this retrospective multi-institutional analysis, we demonstrated that five or more tumor buds (high grade) and presence of muscle tissues adjacent to the tumor invasive front are independent predictors of DNM in Stage I and Stage II TSCC. These results suggest that, in addition to conventional predictors, tumor budding and type of adjacent tissue at the invasive front can serve as useful predictors of DNM in early-stage TSCC.

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CONFLICTS OF INTEREST

The authors declare that there are no conflicts of interest.

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