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Effect of pycnocline thickness on internal solitary wave breaking over a slope

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Abstract

When an internal solitary wave (ISW) breaks over a sloping bottom in the ocean, turbulent mixing causes energy dissipation that is associated with the breaking type. In a two-layer fluid, when pycnocline thickness is negligible, the breaking can be categorized into one of four breaker types: surging, plunging, collapsing, and fission breakers. The latest classification into four breaker types is based on wave slope, bottom slope gradient and an internal Reynolds number. However, it was unknown if this classification can be applied to categorize the breaking of an ISW under thick pycnocline conditions. The present study uses two-dimensional numerical simulations to investigate energy dissipation due to an ISW breaking over a slope under changing pycnocline thickness. We found that the classification can categorize all breaker types even when pycnocline thickness varies. Also, the practical reflection coefficient, defined in this study, becomes smaller for collapsing and surging breakers with the increase in the pycnocline thickness due to an offshore shift in breaking points. In contrast, the practical reflection coefficient is found to be constant for plunging and fission breakers under changing pycnocline thickness.

Keywords: *internal wave; classification; reflection coefficient; energy dissipation; numerical simulation*

1. INTRODUCTION

Internal waves play a significant role in resuspension and transport of particulate matter due to breaking over

25 sloping bottoms in lakes and the ocean (Boegman and Stastna, 2019). Resuspension of particulate matter due to
26 internal waves has been demonstrated with high-resolution field observations in Lake Erken (Pierson and
27 Weyhenmeyer, 1994). The study found that epilimnion mixing induces resuspension due to internal seiches in the
28 benthic boundary layer. These internal seiches have also been shown to cause high-frequency internal waves,
29 which drive resuspension over the bottom of Lake Alpnach (Gloor et al., 1994). Pineda (1994) demonstrated that
30 mass transport in both offshore and onshore directions occurs due to the breaking of high-frequency internal
31 waves over a topographical slope based on the observed vertical profile of density and horizontal velocity in
32 southern California. Davis and Monismith (2011) also showed that the several different breaking types of internal
33 waves potentially exhibit a broad range of turbulence strength and energy dissipation, which affected the
34 resuspension of particulate matter in the outer southeast Florida shelf. In particular, internal solitary waves (ISWs)
35 have been shown to significantly influence energy dissipation over sloping bottoms (Helfrich and Melville, 2006;
36 Lamb, 2014). Therefore, it is useful to investigate the characteristics of ISW breaking over a sloping bottom, such
37 as energy dissipation, in lakes and the ocean.

38 Many laboratory experiments have been conducted related to the breaking of ISWs over slopes. Horn et al.
39 (2001) investigated the deformation of low-frequency internal waves into a train of ISWs using a tilting tank, in
40 which the upper layer thickness was thinner than the lower layer. Using the same tilting tank as Horn et al. (2001),
41 Boegman et al. (2005) showed that breaking over a sloping bottom leads to localized turbulent mixing and
42 enhanced energy dissipation, which transfers energy from a basin-scale seiche to ISWs and small scale dissipation.
43 Regarding the interaction between internal waves and a sloping bottom boundary, Michallet and Ivey (1999)
44 found that the reflection of incident energy from an ISW over a slope, which is associated with energy dissipation,
45 is a function of the wavelength of the ISW and slope length. By carrying out additional laboratory experiments
46 and numerical simulations similar to Michallet and Ivey (1999), Bourgault and Kelly (2007) also revealed that the
47 reflection coefficient of an ISW from a slope is a function of the Iribarren number. Michallet and Ivey (1999) and
48 Bourgault and Kelly (2007) clarified the factors essential for estimating energy dissipation due to ISW breaking
49 over a slope: the ratio of the wavelength of the ISW to slope length and the Iribarren number. However, Bourgault
50 and Kelly (2007) suggested that further studies were necessary to validate the parameter to estimate energy

51 dissipation.

52 In a previous study related to ISW breaking and energy dissipation over a slope using numerical simulations,
53 Forgia et al. (2018) found that the reflection coefficient varies with the change in breaking type over a sloping
54 bottom, which means that energy dissipation may be associated with breaking types. Additionally, Forgia et al.
55 (2020) revealed that the reflection coefficient decreases with the increase in the pycnocline thickness using
56 numerical simulations. Aghsaee et al. (2012) demonstrated that vortex shedding beneath ISWs over the bottom
57 depends on a non-dimensional pressure gradient and the momentum-thickness Reynolds number at the separation
58 point, which may change the breaking type of an ISW over a slope. Nakayama et al. (2012) investigated mass
59 transport due to the breaking of an ISW over a slope, which revealed that the larger the quadratic nonlinear
60 coefficient of the KdV equation the more extensive the energy dissipation becomes. They also showed that energy
61 dissipation increases with a decrease in the slope gradient using a critical amplitude (Nakayama and Imberger,
62 2010), which may suggest that the breaking type of an ISW is related to energy dissipation. Therefore, the
63 prediction of the breaking type of an ISW over a sloping bottom is crucial for estimation of energy dissipation.

64 In terms of the breaking type of ISWs over a slope, Boegman et al. (2005) proposed three types of breaking by
65 setting up a slope in the tilting tank used by Horn et al. (2001): spilling, plunging and collapsing breakers. They
66 also proposed an internal Iribarren number to classify the breaking type of an ISW over a slope by modifying the
67 Iribarren number by Galvin (1968). On the other hand, Aghsaee et al. (2010) proposed a new categorization of
68 breaker types for ISW over slopes using numerical simulations. They demonstrated that four breaker types
69 (surging, plunging, collapsing and fission breakers) could be classified based on bottom slope gradient and wave
70 slope. Sutherland et al. (2013) found difficulty in categorizing their results according to bottom slope gradient and
71 wave slope only. They suggested the application of the internal Iribarren number to classify all breaker types.
72 However, Nakayama et al. (2019) showed that the classifications by Aghsaee et al. (2010) and Sutherland et al.
73 (2013) could not categorize breaking in the laboratory experiments by Boegman et al. (2005).

74 Aghsaee et al. (2012) revealed that viscosity at the bottom boundary controls whether or not collapsing or
75 plunging breakers occur. Furthermore, Shroyer et al. (2009), Saffarinia and Kao (1996) and Nakayama et al.
76 (2012) suggested the importance of critical depth on residual currents and breaking of an ISW in numerical

77 simulations (Tsuji and Oikawa, 2007). Critical depth is the depth where a conjugate flow appears, which was
78 shown by Lamb and Wan (1998). Tsuji and Oikawa (2007) also showed the importance of critical depth on the
79 excitation and deformation of an ISW. The critical depth is located in the middle of the total water column in a
80 two-layer fluid under the Boussinesq approximation. Shroyer et al. (2009) explored ISWs from shipboard
81 measurements off the coast of New Jersey and found deformation of depression waves into elevation waves at a
82 critical point (critical depth). Based on these findings, Nakayama et al. (2019) proposed a new parameter, an
83 internal Reynolds number, by combining the quadratic term coefficient of the KdV equation and the traditional
84 Reynolds number based on wave speed, which indicates the effects of critical depth and viscosity. The internal
85 Reynolds number was found to classify all breaker types by combining with bottom slope gradient and wave slope.
86 However, application only to two-layer fluids with a thin pycnocline condition has been discussed so far, and
87 applicability of the classification to the ocean remains unresolved. The effect of breaking type on energy
88 dissipation also needs to be clarified by exploring changing pycnocline thicknesses.

89 This study thus aims to investigate whether Nakayama's classification can categorize breaker types when
90 pycnocline thickness varies, and to clarify the effect of pycnocline thickness on an ISW breaking over a slope.
91 First, we adjusted four physical parameters, density ratio, bottom slope gradient, wave slope and the internal
92 Reynolds number to simulate four breaker types' conditions using Nakayama's classification with the thin
93 pycnocline thickness. Then, we investigated four breaker types over a slope by changing pycnocline thickness to
94 clarify the thickness's influence on breaker types. Second, breaking points where the vertical pressure gradient
95 becomes zero were verified by comparing with the general breaking location defined in previous studies (Lamb,
96 2014; Boegman et al., 2005) when pycnocline thickness varies. Finally, the effect of pycnocline thickness on
97 reflection of an ISW from a slope was investigated under changing pycnocline thickness to evaluate energy
98 dissipation due to the breaking of an ISW over a slope. Note that we used two different parameters regarding
99 reflection from a slope, "practical reflection coefficient" and "reflection coefficient". The practical reflection
100 coefficient is defined in this study to understand the peak energy ratio of reflected and incident internal waves,
101 with the reflection coefficient defined as by Michallet and Ivey (1999), for example, as the spatially-integrated
102 energy ratio of a reflected and incident internal waves.

103

104 **2. METHODS**

105 *2.1. Numerical simulations*

106 A three-dimensional non-hydrostatic model, Fantom, was used to analyze the breaking of shoaling internal
107 solitary waves (Nakayama et al., 2014; Nakayama et al., 2016; Nakayama et al., 2019). Fantom is an
108 object-oriented parallel simulator for the analysis of environmental fluid flows, employing a turbulence closure
109 scheme option, a $k - \varepsilon$ turbulence closure scheme (Jones and Launder, 1972; Umlauf and Burchard, 2003). A
110 free surface was applied to the top boundary, and a no-slip condition was given on the bottom and sloping
111 boundaries, respectively. The partial cell scheme was used to represent a uniform bottom slope in the z-coordinate
112 model (Adcroft et al., 1997). According to previous studies (Nakayama and Imberger, 2010; Arthur and Fringer,
113 2014), the local turbulent dissipation in the breaking zone is about 3×10^{-6} to $10^{-5} \text{ m}^2 \text{ s}^{-3}$ for a laboratory
114 scale, which gives a corresponding Kolmogorov length scale of 0.56 to 0.76 mm. In the breaking zone, we used 2
115 mm grid sizes in a vertical cross-section, which is a factor of about three compared to the Kolmogorov length
116 scale. Additionally, since the $k - \varepsilon$ turbulence closure scheme has problems in reproducing flows in
117 low-Reynolds number regions, including bottom boundary layers, we decided to apply direct numerical
118 simulations. The use of two-dimensional numerical simulations does not capture three-dimensional processes such
119 as secondary instability, and a three-dimensional computation is important for the accurate estimation of
120 energetics due to breaking (Arthur and Fringer, 2014). Arthur and Fringer (2014) showed that a three-dimensional
121 simulation had about 8 % more energy dissipation compared to a two-dimensional simulation. In previous studies,
122 two-dimensional simulations were validated through investigation of shoaling mode 1 waves onto a shelf, such as
123 overturning and shear instabilities over a slope (Vlasenko and Hutter, 2002; Bourgault and Kelley, 2007; Aghsaei
124 et al., 2012; Lamb, 2014). We attempt to investigate the breaking criteria by comparing it with that obtained using
125 two-dimensional numerical simulations by Aghsaei et al. (2010). Also, we aimed to validate energy dissipation by
126 comparing with Bourgault and Kelly (2007), in which a two-dimensional simulation was applied. Therefore, the
127 two-dimensional vertical computational domain was used to investigate the breaking of an ISW over a slope in the

128 same manner as in Nakayama et al. (2019). It should be noted that the available potential and kinetic energy
 129 analysis in this study may show an underestimation of energy dissipation by up to a maximum of about 8 %.

130 We applied the hyperbolic-tangent function into a vertical profile of density to give different pycnocline
 131 thickness (Eq. (1)).

$$\rho(z) = \rho_1 + 0.5\Delta\rho \left[1 + \tanh\left(\frac{z - h_2}{a_l/2}\right) \right], \quad (1)$$

132 where ρ is the density, z is the upward-positive vertical coordinate with an origin at the flat bottom, h_1 and h_2
 133 are the upper and lower layer thicknesses, ρ_1 and ρ_2 are the densities of the upper and lower layers, $\Delta\rho = \rho_2 -$
 134 ρ_1 , and a_l is the thickness of the pycnocline.

135 To generate a stable ISW, we gave a flat bottom length of 3 m for all cases. The horizontal and vertical grid
 136 sizes over the slope were 0.002 m x 0.002 m, and the maximum grid size was 0.02 m x 0.01 m adjacent to the flat
 137 bottom close to the wave generator to save computational time (Fig. 1). The spanwise single grid size was set at
 138 0.02 m ($= B_e$). We applied Mirie and Pennell (1989) to generate an ISW based on third-order solutions (Appendix
 139 in Nakayama et al. (2019)), which gives sufficient accuracy similar to the Dubreil-Jacotin-Long equation
 140 (Aghsaee et al., 2010; Nakayama et al., 2019). Fluxes to generate an ISW were given in the upper and lower
 141 layers with thicknesses of 0.04 m and 0.12 m, respectively (Fig. 1 and Eq. (2)).

$$Q_1 = -Q_2 = -C_R \frac{\partial \eta}{\partial t} \Delta t B_e, \quad (2)$$

142 where Q_1 and Q_2 are the fluxes in the upper and lower layers, C_R is the wave speed of an internal solitary wave,
 143 η is the density interface displacement given by Mirie and Pennell (1989), and Δt is the time step in a numerical
 144 simulation.

145

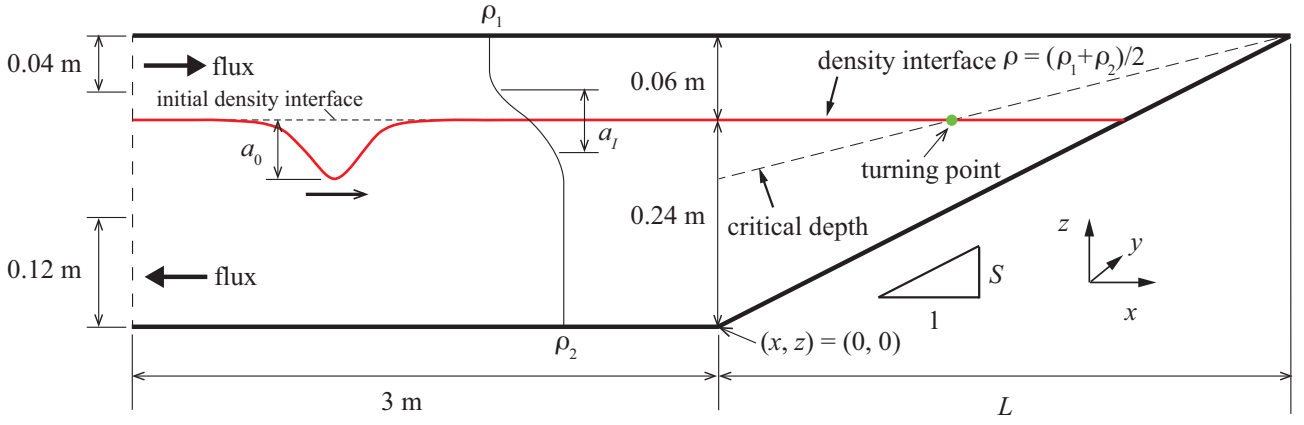


Fig. 1. Computational domain to analyze breaking of an internal solitary wave.

2.2. Analytical methods

Cases S-#, C-#, P-# and F-# correspond to surging, collapsing, plunging and fission breakers, respectively (Table 1). Note this case categorization is based on the classification confirmed with thin pycnocline condition (Nakayama et al. (2019)) and we will discuss the effect of pycnocline thickness on the breaking classification. Also, cases AS-#, AC-#, AP-# and AF-# correspond to surging, collapsing, plunging and fission breakers. For cases S-#, C-#, P-# and F-#, the numbers # = 1 to 8 indicate eight different pycnocline thicknesses, a_l , of 0.01 m, 0.02 m, 0.03 m, 0.04 m, 0.06 m, 0.08 m, 0.10 m and 0.12 m, respectively (Table 1 and Table 2). Cases S-#, C-#, P-# and F-# (# = 1 to 8) were selected to investigate the effect of pycnocline thickness on ISW breaking over a slope in detail. For cases AS-#, AC-#, AP-# and AF-#, two pycnocline thicknesses were given in # = 1 and 2, a_l , of 0.01 m and 0.12 m, to understand the difference between two extreme cases: thin and thick pycnoclines. When $a_l = 0.12$ m, the thickest pycnocline condition, the pycnocline reached the water surface. Classification indices were bottom slope gradient S , wave slope $S_w = a_0/\lambda$ and an internal Reynolds number $Re_{ISW} = \alpha_1 h'/\nu$ (Nakayama et al., 2019) (Fig. 2). Here, a_0 is the amplitude of an ISW over a flat bottom just before where the bottom slope starts, ν is the viscosity, λ is the incident-wave wavelength (Koop and Butler, 1981) defined as

$$\lambda = \frac{\int_{-\infty}^{+\infty} \eta dx}{a_0}, \quad (3)$$

α_1 is the coefficient of the nonlinear term in the KdV equation defined as

$$\alpha_1 = \frac{3}{2} \frac{c_0}{h_1 h_2} \frac{\rho_1 h_2^2 - \rho_2 h_1^2}{\rho_1 h_2 + \rho_2 h_1}, \quad (4)$$

c_0 is the linear longwave speed, and h' is the representative depth in a two-layer fluid defined as

$$h' = \frac{h_1 h_2}{h_1 + h_2}. \quad (5)$$

165 In numerical simulations, densities of the upper layer, ρ_1 , were 1000 kg m^{-3} .

166

167

Table 1. Computational conditions.

	ρ_2 (kg m^{-3})	h_1 (m)	h_2 (m)	L (m)	ε	S
case S	1020	0.06	0.24	1.0	0.02	0.30
case C	1010	0.06	0.24	2.5	0.01	0.12
case P	1020	0.06	0.24	2.5	0.02	0.12
case F	1020	0.06	0.24	6.0	0.02	0.05
case AS	1010	0.08	0.22	1.5	0.01	0.2
case AC	1010	0.06	0.24	3.0	0.01	0.1
case AP	1010	0.08	0.22	3.0	0.01	0.1
case AF	1020	0.08	0.22	10.0	0.02	0.03

168

169

Table 2. Breaking types and computational conditions.

170

Φ_{P_I} and Φ_{P_R} indicate incident and reflected energy, and S_w indicates wave slope.

	a_I (m)	a_0 (m)	λ (m)	S_w	ξ_I	Φ_{T_R}/Φ_{T_I}	breaking type
case S-1	0.01	0.0184	0.714	0.0257	1.87	0.858	surging
case S-2	0.02	0.0189	0.682	0.0278	1.80	0.830	
case S-3	0.03	0.0194	0.706	0.0275	1.81	0.809	
case S-4	0.04	0.0197	0.703	0.0281	1.79	0.796	
case S-5	0.06	0.0200	0.715	0.0280	1.79	0.781	
case S-6	0.08	0.0199	0.737	0.0270	1.83	0.773	
case S-7	0.10	0.0195	0.775	0.0252	1.89	0.769	
case S-8	0.12	0.0190	0.785	0.0242	1.93	0.752	
case C-1	0.01	0.0148	0.746	0.0199	0.85	0.574	collapsing
case C-2	0.02	0.0153	0.751	0.0204	0.84	0.546	
case C-3	0.03	0.0157	0.747	0.0210	0.83	0.532	
case C-4	0.04	0.0160	0.740	0.0216	0.82	0.502	
case C-5	0.06	0.0162	0.765	0.0212	0.82	0.488	
case C-6	0.08	0.0160	0.788	0.0203	0.84	0.471	
case C-7	0.10	0.0157	0.806	0.0194	0.86	0.458	
case C-8	0.12	0.0152	0.858	0.0177	0.90	0.440	
case P-1	0.01	0.0395	0.623	0.0634	0.48	0.422	plunging
case P-2	0.02	0.0405	0.618	0.0655	0.47	0.411	

case P-3	0.03	0.0414	0.608	0.0681	0.46	0.400	
case P-4	0.04	0.0422	0.593	0.0711	0.45	0.409	
case P-5	0.06	0.0433	0.620	0.0698	0.45	0.396	
case P-6	0.08	0.0438	0.617	0.0710	0.45	0.392	
case P-7	0.10	0.0438	0.638	0.0686	0.46	0.365	
case P-8	0.12	0.0434	0.660	0.0658	0.47	0.371	
case F-1	0.01	0.0161	0.719	0.0223	0.33	0.299	
case F-2	0.02	0.0166	0.722	0.0230	0.33	0.259	
case F-3	0.03	0.0170	0.739	0.0230	0.33	0.251	
case F-4	0.04	0.0173	0.731	0.0236	0.33	0.246	
case F-5	0.06	0.0175	0.776	0.0226	0.33	0.245	fission
case F-6	0.08	0.0173	0.791	0.0219	0.34	0.253	
case F-7	0.10	0.0170	0.785	0.0216	0.34	0.253	
case F-8	0.12	0.0170	0.785	0.0216	0.34	0.253	
case AS-1	0.01	0.0193	0.988	0.0195	1.43	0.818	
case AS-2	0.12	0.0224	1.017	0.0220	1.35	0.656	surging
case AC-1	0.01	0.0126	0.801	0.0157	0.80	0.544	
case AC-2	0.12	0.0128	0.898	0.0143	0.84	0.404	collapsing
case AP-1	0.01	0.0440	0.858	0.0513	0.44	0.393	
case AP-2	0.12	0.0529	0.817	0.0647	0.39	0.363	plunging
case AF-1	0.01	0.0295	0.901	0.0327	0.17	0.175	
case AF-2	0.12	0.0344	0.872	0.0395	0.15	0.157	fission

171

172 As one of our aims was to clarify the influence of the pycnocline thickness on the classification of breaker type,
173 we investigated the location of the breaking point of the ISWs over the slope (Nakayama et al., 2012; Nakayama
174 et al., 2019). We computed the breaking point where the vertical pressure gradient becomes zero inside of the
175 pycnocline. Furthermore, we investigated the variation of energy due to the breaking of ISWs over the slope with
176 changes in pycnocline thickness to clarify the reflection of ISWs from the slope. The energy of a non-breaking
177 ISW consists of available potential energy E_P and kinetic energy E_K (Taileux, 2013).

$$E_P = \int_{\rho_1}^{\rho_2} \frac{g}{2\rho_2} [z_\rho(\rho) - z_{\rho_l}(\rho)]^2 d\rho, \quad (6)$$

178

$$E_K = \int_{b_t}^{h_1+h_2} \frac{1}{2} (u^2 + w^2) dz, \quad (7)$$

179 where g is the gravity acceleration, ρ is the density, z_ρ is the height of the density ρ from the flat bottom, z_{ρ_i}
180 is z_ρ at the initial condition, b_t is the height at the bottom topography, and u and w are the velocities in the x
181 and z coordinates, respectively.

182 E_K is available in the entire computational domain, but E_P is not available in the breaking zone over a slope
183 because the vertical profile of density becomes unstable over a slope; a typical example is a plunging breaker.
184 Potential energy is available only when densities in the vertical profile at initial condition correspond one-to-one
185 with densities after internal wave motions. We thus compute E_K in the entire region, but E_P in a non-breaking
186 zone only. Therefore, we can estimate the reflection of an incident ISW and the reflected internal waves in the
187 non-breaking zone by using total energy ($E_T = E_K + E_P$) under changing pycnocline thicknesses. On the other
188 hand, since we can compute E_K over the slope, there is the possibility to evaluate the influence of pycnocline
189 thickness on energy transfer from available potential to kinetic energy due to breaking for each breaker type.

190

191 **3. RESULTS**

192 *3.1. Classification of breaker types*

193 Cases #-1 (# is S, C, P and F; $a_l = 0.01$ m) are the typical cases inducing four different breakers: surging,
194 collapsing, plunging and fission breakers, respectively, according to the classification by Nakayama et al. (2019)
195 (Fig. 2 and Fig. 3). Each snap shot was chosen to show its typical breaker type (Fig. 3). In a surging breaker,
196 mixing occurred at the front of the wave, and the front ran up the slope accompanying strong mixing. A collapsing
197 breaker is one of the most common breakers in laboratory experiments when the upper-layer thickness is the same
198 as the lower layer in the offshore flat bottom (Nakayama and Imberger, 2010). In the collapsing breaker, the front
199 behaved like a gravity current down slope. Plunging breakers had an apparent rolling over the slope, in which the
200 direction of rotation was opposite to the collapsing breaker. In a fission breaker, several high-frequency internal
201 waves were generated and broke over the slope. In this study, we did not explore a combined type of breakers,
202 such as collapsing-surging and collapsing-plunging breakers (Aghsaee et al., 2010).

203

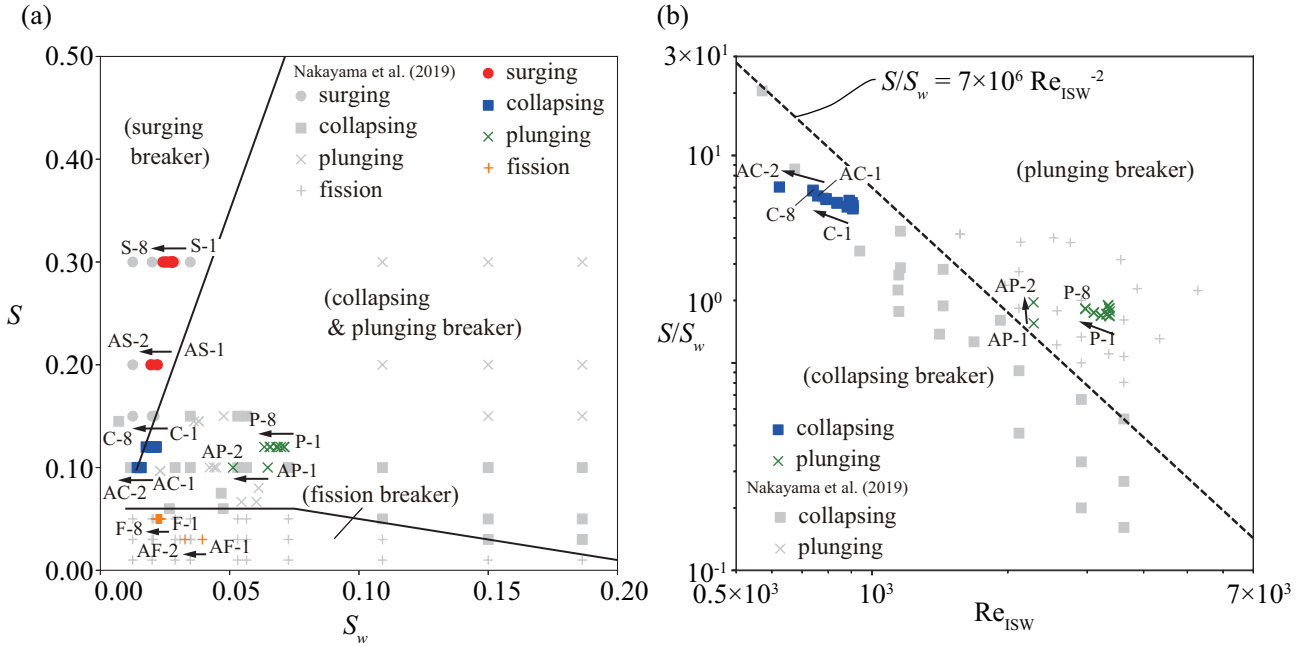


Fig. 2 . (a) ISW breaker types as a function of wave slope S_w and slope gradient S . (b) ISW breaker types as a function of S/S_w and Re_{ISW} .

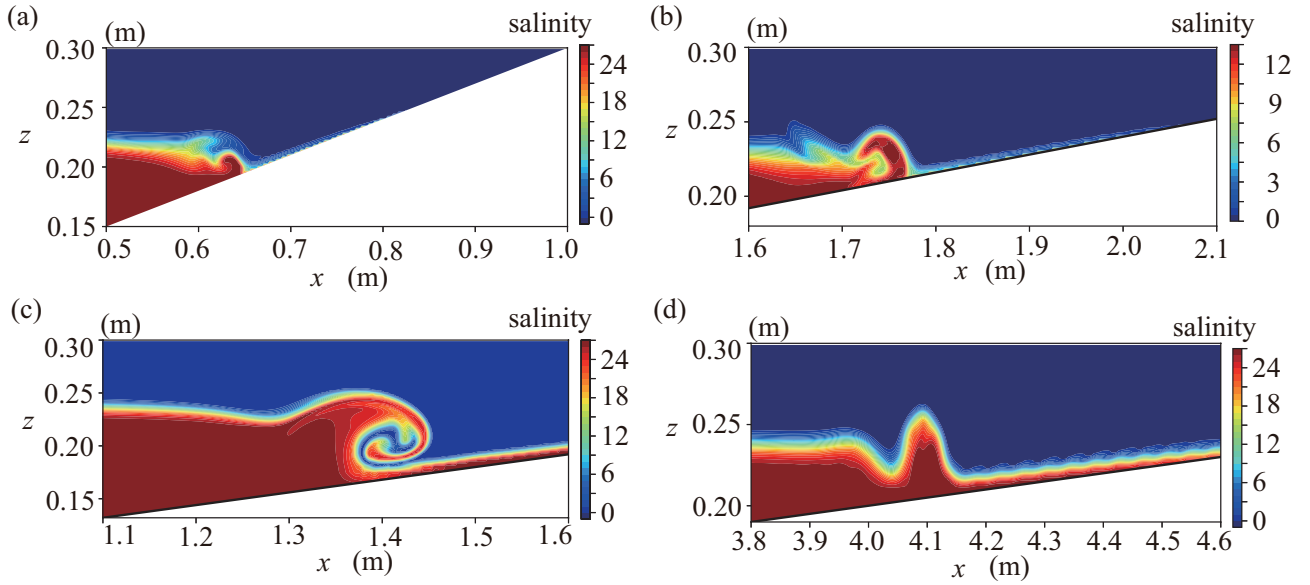
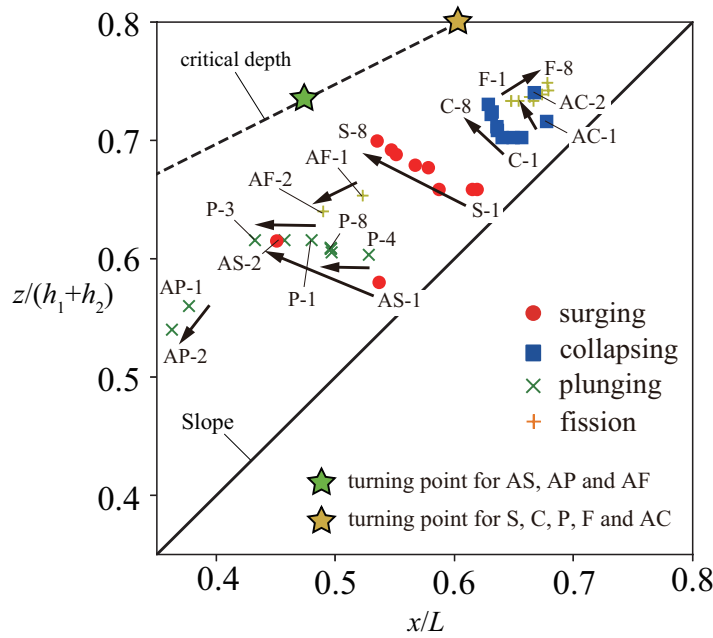


Fig. 3. Breaker types with a pycnocline thickness of 0.01 m. (a) Case S-1: Surging breaker. (b) Case C-1: Collapsing breaker. (c) Case P-1: Plunging breaker. (d) Case F-1: Fission breaker.

There are two useful conceptual parameters, turning point and critical depth to investigate the breaking point of ISWs. Under the Boussinesq approximation, a turning point exists where an initial density interface crosses the critical depth (Fig. 1). The critical depth corresponds to the level where the quadratic term of the KdV equation

215 becomes zero, and the ratio of the layers is $\sqrt{\rho_1}/\sqrt{\rho_2}$. Critical depth is also found in a three-layer fluid from the
 216 extended KdV or Gardner equation when the quadratic term is zero and breathers exist (Nakayama and Lamb,
 217 2020). As has been shown in previous studies, breaking points for cases #-1 (# is S, C, P and F; $a_l = 0.01$ m)
 218 appeared below the critical depth (Fig. 4). Note that the horizontal and vertical coordinates are normalized with
 219 slope length and total depth, respectively in Fig. 4 to plot all breaking points. As found in Nakayama et al. (2019),
 220 the breaking points of collapsing and fission breakers appeared onshore from the turning point. On the one hand,
 221 the surging breaking point occurred close to the turning point, and the plunging breaking point occurred offshore
 222 from the turning point.

223



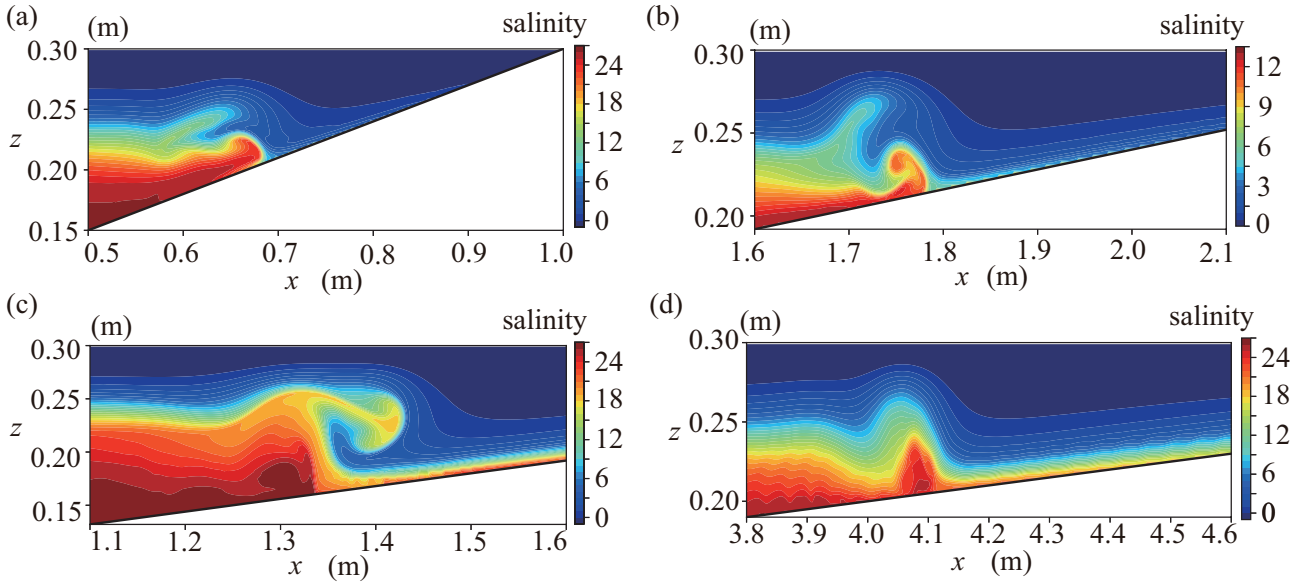
224

225 Fig. 4. Breaking points for cases 1-1 to 8-2. Broken line indicates critical depth. Green circles
 226 indicate turning points.

227

228 To analyze the effect of pycnocline thicknesses on the breaking type, we prepared 8 different thicknesses (from
 229 #-1 to #-8) for each breaker type while keeping the wave amplitude almost the same in each type (Table 2). The
 230 thicker the pycnocline, the less the specific vertically-integrated density between the upper and lower layers.
 231 Namely, the longer the wavelength λ and the smaller the wave slope S_w (Fig. 2). In the classification diagram,
 232 although the case C-8 ($a_l = 0.12$ m) appeared close to the classification border between surging, collapsing and
 233 plunging breakers, the classification factors for cases S-#, C-#, P-# and F-# (# = 1 to 8) were still confirmed to be

234 valid even with the largest increase in the pycnocline thickness. To see the effect of the pycnocline thickness on
 235 the breaking behavior, the breaker types for the cases with $a_I = 0.04$ m and 0.12 m are shown in Figs. 5 and 6,
 236 respectively. In $a_I = 0.04$ m, there was no change in the surging breaker (Fig. 5a). Collapsing breakers changed
 237 to behave like a collapsing-surging breaker, but we could still find the characteristics of a collapsing breaker (Fig.
 238 5b). Plunging breakers had weaker rolling in $a_I = 0.04$ m compared to $a_I = 0.01$ m (Fig. 5c). In the fission
 239 breaker in $a_I = 0.04$ m, an ISW generated high-frequency internal waves, which deformed into bolus-type waves
 240 that were similar to $a_I = 0.01$ m (Fig. 5d). In $a_I = 0.12$ m, breakings occurred in a more extensive region
 241 compared to $a_I = 0.01$ m (Fig. 6). But we found the same characteristics for cases with $a_I = 0.12$ m as $a_I =$
 242 0.04 m, and there was no change in all breaker types from $a_I = 0.01$ m to 0.12 m (Figs. 3, 5 and 6).
 243



244
 245 Fig. 5. Breaker types with a pycnocline thickness of 0.04 m. (a) Case S-2: Surging breaker. (b) Case
 246 C-2: Collapsing breaker. (c) Case P-2: Plunging breaker. (d) Case F-2: Fission breaker.
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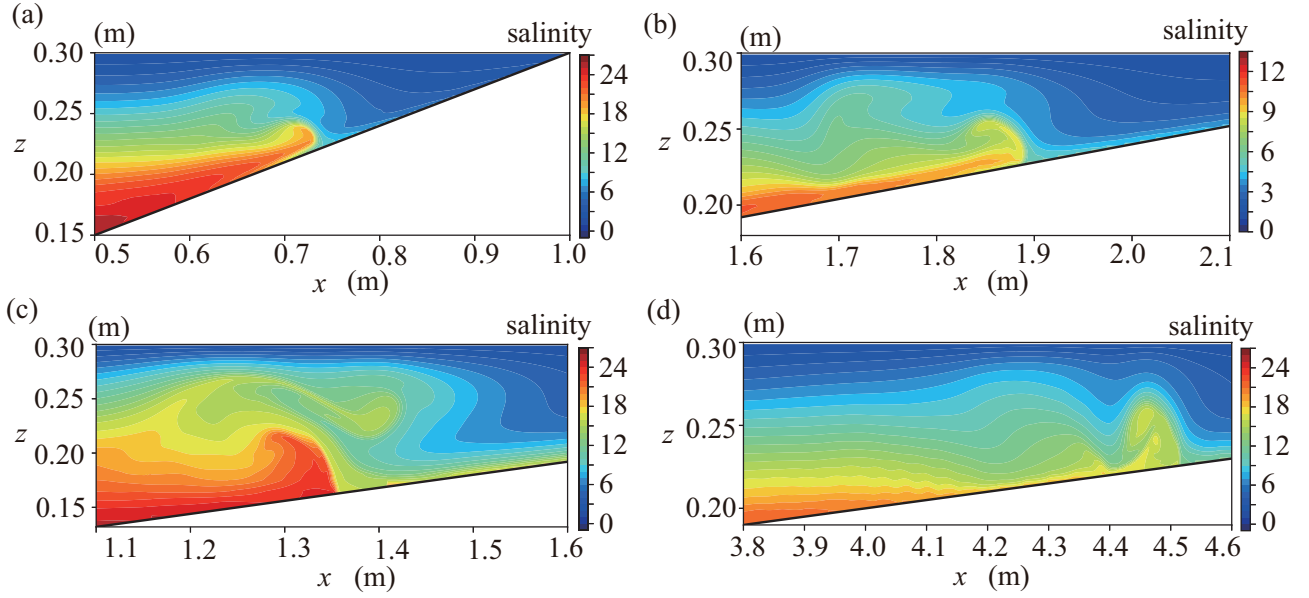


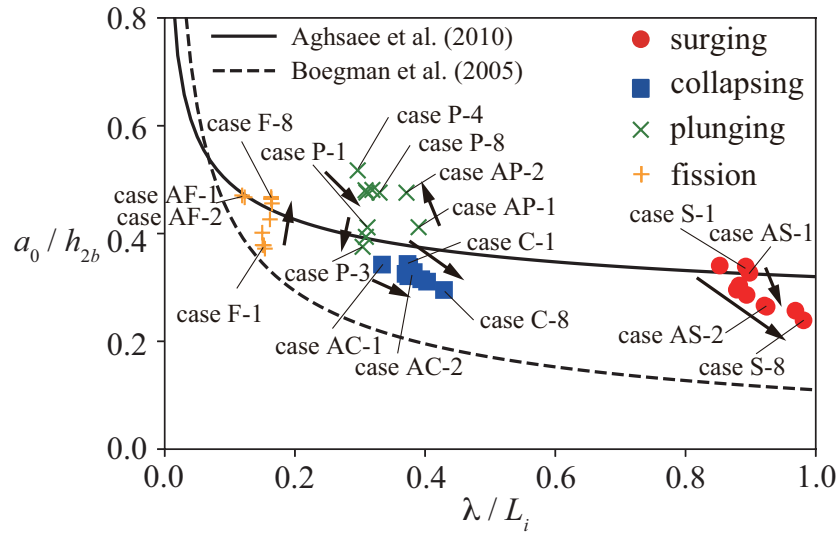
Fig. 6. Breaker types with a pycnocline thickness of 0.12 m. (a) Case S-6: Surging breaker. (b) Case C-6: Collapsing breaker. (c) Case P-6: Plunging breaker. (d) Case F-6: Fission breaker.

For the effect of pycnocline thickness on the breaking point for surging, collapsing and plunging breakers shifted offshore as the pycnocline got thicker for cases S-#, C-# and P-# ($\# = 1$ to 8) (Fig. 4). The breaking points of these breakers were found to appear when an ISW collided with a downdraft in these cases, and the gradient of the density interface at the rear of the ISW became vertical. Since the Brunt–Väisälä frequency decreases with the increase in pycnocline thickness and overturning tends to occur more quickly, the ISWs broke further offshore in the three breaker cases. On the other hand, the breaking point of fission breakers shifted onshore in case F-# ($\# = 1$ to 8) with the increase in the pycnocline thickness. In case F-# (fission breaker), the drawback became thinner and gave less energy to breaking with the increase in pycnocline thickness, which might enhance the onshore shift in the breaking point.

In this study, the breaking point of an ISW was defined as the point where the vertical pressure gradient became zero inside of the pycnocline, which corresponds to a zero-gravity location. In previous studies (Lamb, 2014; Boegman et al., 2005; Dean and Dalrymple, 1991; Helfrich, 1992), the general breaking location (GBL) was defined as being where the rear part of the internal wave becomes vertical for surging, collapsing and plunging breakers and where the first wave of elevation emerges for fission breaker (Aghsaee et al., 2010) (note that 0.28 and 0.13 in equation (5.1) of Aghsaee et al. (2010) should be 0.35 and 0.18). We thus applied the criteria of

267 Boegman et al. (2005) and Aghsaee et al. (2010) to our numerical results to clarify the difference between our
 268 study's definition and GBL (Fig. 7). Since a plunging type breaks dynamically at the farthest point offshore and
 269 the zero-gravity location is close to the vertical rear of the internal wave, breaking points obtained from numerical
 270 simulations are close to the GBL by Aghsaee et al. (2010) in the thin pycnocline cases #-1 (# is P and AP; $a_l =$
 271 0.01 m). Significantly, surging and collapsing breakers also agree with GBL by Aghsaee et al. (2010) under thin
 272 pycnocline conditions (cases #-1, # is S, C, AS and AC). The thin pycnocline case of fission breaker slightly
 273 deviates from GBL by Aghsaee et al. (2010) (case F-1). The breaking points for all breaker types slightly differ
 274 from GBL by Aghsaee et al. (2010) when pycnocline thickness varies. However, GBL by Aghsaee et al. (2010)
 275 appears to fit our numerical simulations satisfactory under changing pycnocline thickness, compared to GBL by
 276 Boegman et al. (2005). Therefore, GBL by Aghsaee et al. (2010) could be used to predict the breaking points of
 277 an ISW propagating under different pycnocline thickness (S6 in Table 3).

278



279

280 Fig. 7. Breaking points from numerical simulations and breaking criteria by Aghsaee et al. (2010)
 281 and Boegman et al. (2005).

282

283 3.2. Energy reflection

284 To observe the effect of pycnocline thickness on breaking from an energetic point of view, we compared energy
 285 dissipation by breaking. First, we confirmed that E_K was equal to E_P for incident ISWs for all cases, which
 286 supports the validity of the numerical simulations (Fig. 8). We defined the peak ratio of E_T for a reflected

287 internal wave and an incident ISW as “practical reflection coefficient”, C_p . In contrast to the practical reflection
 288 coefficient, the “reflection coefficient”, C_{ref} , as defined by Michallet and Ivey (1999) is obtained by integrating
 289 the spatial distribution of available potential and kinetic energies (Bourgault and Kelley, 2007). Therefore, when
 290 the practical reflection coefficient is much smaller than the reflection coefficient, we can expect that the reflected
 291 internal waves consist of a broad range of internal wave frequencies, i.e., we can evaluate the broadening of
 292 reflected internal waves from a slope by comparing practical reflection coefficients with reflection coefficients.
 293 Therefore, the combination of both reflection coefficients can provide important information about how an ISW
 294 deforms into a broad range of internal waves. For the cases with the thinnest pycnocline ($a_I = 0.01$ m), the
 295 practical reflection coefficient was 68 %, 29 %, 11 % and 5 % for surging, collapsing, plunging and fission
 296 breakers, respectively, in cases #-1 (# is S, C, P and F; $a_I = 0.01$ m). In the breaking zone, the peak in E_K was
 297 larger than that of the incident ISW for collapsing, plunging and fission breakers (Fig. 8). We conjecture that
 298 available potential energy was effectively transferred to kinetic energy due to breaking to a greater extent in
 299 collapsing, plunging and fission breakers compared to surging breakers, which resulted in considerably higher
 300 energy reflection with surging breakers in the cases of $a_I = 0.01$ m.

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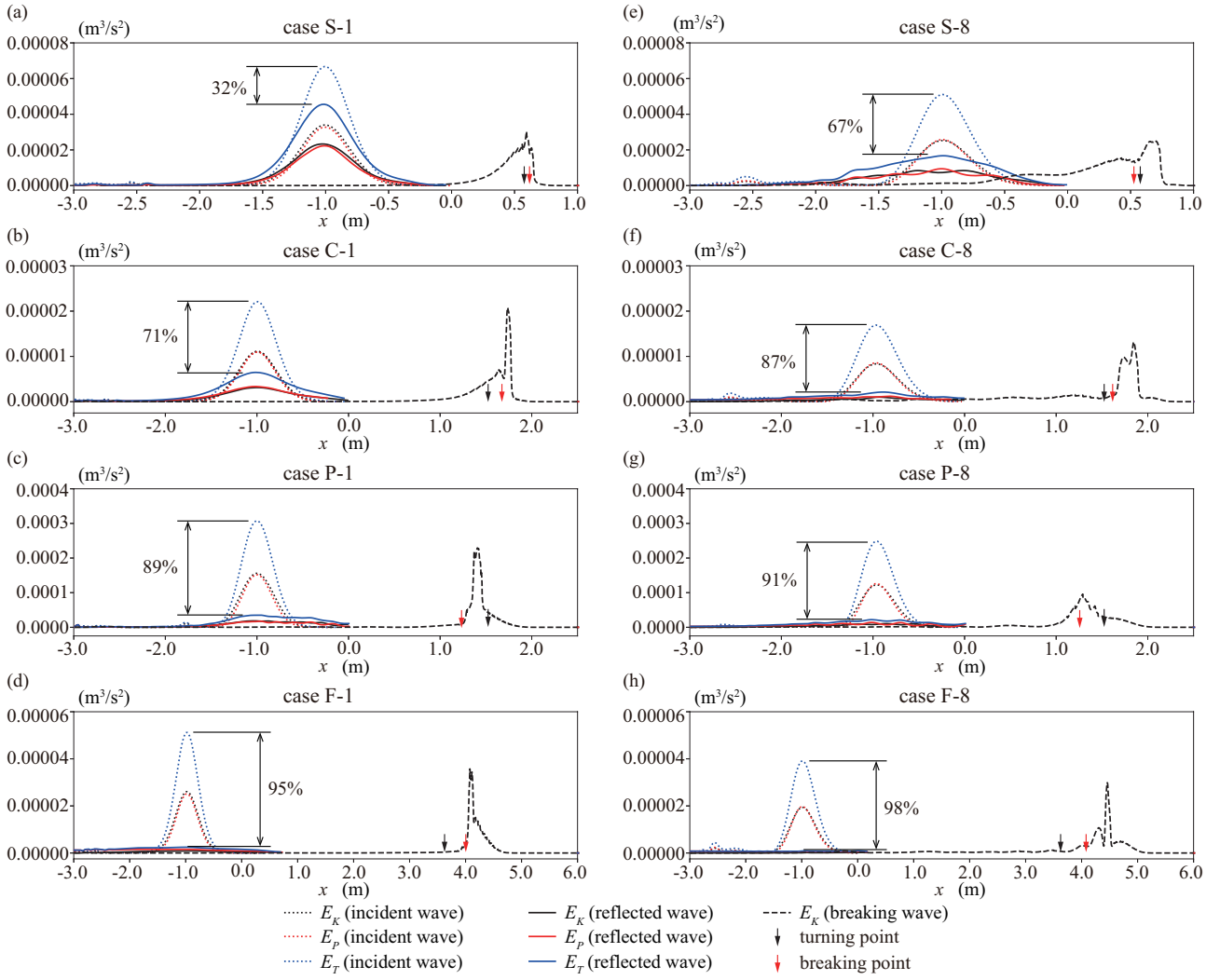


Fig. 8. Potential and kinetic energy of an incident ISW (dots) and a reflected internal wave (solid lines). Kinetic energy in the breaking region (broken lines). (a) Case S-1: Surging breaker. (b) Case C-1: Collapsing breaker. (c) Case P-1: Plunging breaker. (d) Case F-1: Fission breaker. (e) Case S-8: Surging breaker. (f) Case C-8: Collapsing breaker. (g) Case P-8: Plunging breaker. (h) Case F-8: Fission breaker.

In general, an ISW tends to become unstable when the Brunt-Väisälä frequency decreases, which corresponds to thicker pycnocline conditions in this study. Therefore, practical reflection coefficients decreased for all thickness ratios when pycnocline thickness increased (Fig. 8). The practical reflection coefficient was 33 %, 13 %, 9 % and 2 % for surging, collapsing, plunging and fission breakers, respectively, in cases #-8 (# is S, C, P and F; $a_l = 0.12$ m). Practical reflection coefficients decreased greatly for surging and collapsing breakers in cases #-8 (# is S and C; $a_l = 0.12$ m) compared to cases #-1 (# is S and C; $a_l = 0.01$ m) (Fig. 8). In particular, spatially integrated E_K was relatively greater over the slope in the case when $a_l = 0.12$ m compared to $a_l = 0.01$ m for

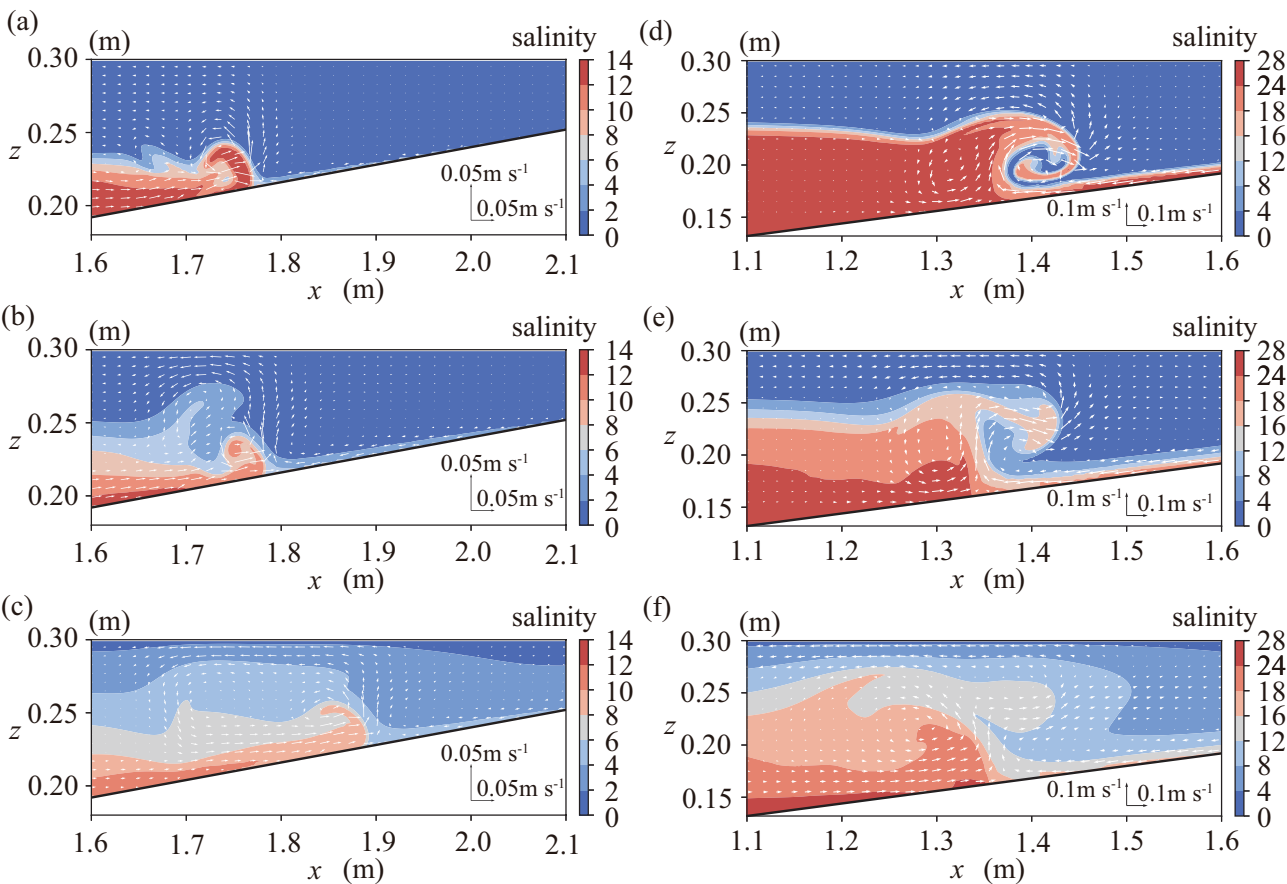
316 surging breakers, in which the practical reflection coefficient decreased most significantly (Fig. 8). Breaking
317 points shifted offshore for surging breaker to a greater extent than for the other breakers, suggesting that more
318 substantial breaking occurred in the surging breaker than the others when pycnocline thickness increased (Fig. 8).
319 Consequently, we conjecture that under thick pycnocline conditions, available potential energy was transferred to
320 kinetic energy over the slope more efficiently for the surging breaker. Therefore, for surging and collapsing
321 breakers, energy decreased more actively due to turbulent dissipation with thicker pycnoclines.

322

323 4. DISCUSSION

324 We found that all classification factors for cases S-#, C-#, P-# and F-# ($\# = 1$ to 8) were valid even with the
325 largest increase in pycnocline thickness. To confirm the applicability of the categorization in Fig. 2, we filled the
326 gap in the classification diagram by adding eight more numerical simulations of extreme pycnocline-thickness
327 cases: AS-#, AC-#, AP-# and AF-# ($\# = 1$ and 2, $a_l = 0.01$ m and $a_l = 0.12$ m) (Table 1 and Table 2). Cases
328 AS-#, AC-#, AP-# and AF-# ($\# = 1$ to 2) are also well categorized into surging, collapsing, plunging and fission
329 breakers according to the classification by Nakayama et al. (2019) (Fig. 2). However, there existed a combination
330 of breakers with increased pycnocline thickness (Figs. 3, 5 and 6). Anti-clockwise and clockwise circulations
331 occurred for a collapsing and plunging breakers clearly when the pycnocline thickness is thin (Figs. 9a and d). The
332 circulations became weaker when the pycnocline thickness increased. In particular, a plunging breaker showed the
333 collapsing characteristic slightly, which is so-called a collapsing-plunging breaker (Fig. 9f). Nevertheless, the
334 clockwise circulation was formed even when pycnocline is the thickest. Therefore, all classification factors were
335 confirmed to be valid even with the largest increase in the pycnocline thickness, and there may be no significant
336 difference in the characteristics of breaker type even when pycnocline thickness varies as summarized in S1,
337 Table 3. Nakayama et al. (2019) demonstrated the classification's applicability into a real stratified fluid using the
338 results of Vlasenko and Hutter (2002). They simulated a plunging breaker under the real scale condition, in which
339 the upper and lower layer thicknesses are 50 m and 950 m. Their result was categorized into a plunging breaker,
340 suggesting the high applicability of Nakayama's classification. Nakayama et al. (2019) also showed that a fission
341 beaker occurs predominantly in a real scale because the natural bottom slope is mild enough to allow fission or

342 plunging breakers due to the high internal Reynolds number. Besides, the applicability of Nakayama's
 343 classification to the wide range of real scale conditions remains to be investigated in the future.
 344



345
 346 Fig. 9. Velocity vectors. (a) Case C-1: Collapsing breaker. (b) Case P-1: Plunging breaker. (c) Case
 347 C-2: Collapsing breaker. (c) Case P-2: Plunging breaker. (e) Case C-6: Collapsing breaker. (f) Case
 348 P-6: Plunging breaker.

349

350 Table 3. Effect of pycnocline thickness on significant components.

351 Note that the order of energy dissipation may change since reflection coefficient is a function of the Iribarren
 352 number.

		Surging breaker	Collapsing breaker	Plunging breaker	Fission breaker
When pycnocline thickness increases	S1: Breaker type	No change	No change	No change	No change
	S2: Breaking point moves to	Offshore	Offshore	Offshore	Both onshore and offshore
	S3: Practical reflection	Decrease	Decrease	No change	No change

	coefficient				
	S4: Reflection	Decrease	Decrease	No change	No change
	coefficient	(slightly)	(slightly)		
	S5: Energy				
	transfer from				
	available potential	Increase	Increase	No change	No change
	to kinetic energy				
	in a breaking zone				
S6: Applicability	Thin pycnocline	Good	Good	Good	Satisfactory
of GBL to					
estimate breaking	Thick pycnocline	Satisfactory	Satisfactory	Satisfactory	Satisfactory
point					
S7: Applicability	Thin pycnocline	Good	Good	Good	Good
of the Iribarren					
number to model	Thick pycnocline	Satisfactory	Satisfactory	Good	Good
reflection					
coefficient					
S8: Energy					
dissipation over a	Greater, in order	4	3	2	1
slope					

353

354 As shown in cases S-#, C-#, P-# and F-# (# is 1 to 8), all breaking points for cases AS-#, AC-#, AP-# and
355 AF-# (# = 1 to 2) appeared below the critical depth (Fig. 4). Also, the breaking points of collapsing and fission
356 breakers appeared onshore from the turning point. The surging breaking point occurred close to the turning point,
357 and the plunging breaking point occurred offshore from the turning point. When pycnocline thickness increased,
358 breaking points for all breakers shifted offshore in cases AS-#, AC-#, AP-# and AF-# (# = 1 to 2) (Fig. 4). In the
359 fission breakers (cases F-#, # = 1 to 8), the breaking points shifted onshore when pycnocline thickness increased.
360 Therefore, excluding fission breakers, breaking points are likely to shift offshore with an increase in the
361 pycnocline thickness (S2 in Table 3).

362 For the reflection of the internal waves from the sloping boundary, Nakayama and Imberger (2010)
363 demonstrated that the reflection coefficient of internal waves tends to become zero in a two-layer fluid of
364 equivalent depth when the amplitude of an incident internal wave is more than the critical amplitude. The practical
365 reflection coefficient was 29 % in case C-1, which represents conditions similar to the case by Nakayama and

366 Imberger (2010) when the reflection coefficient was zero. This is because Nakayama and Imberger (2010) used
367 sinusoidal internal waves propagated over a flat bottom using the same water depth setup in a two-layer fluid. An
368 ISW may reflect more than a sinusoidal-type internal wave.

369 Energy dissipation due to the breaking of an ISW over a slope is one of the most significant issues in the ocean
370 (Michallet and Ivey, 1999; Bourgault et al., 2007). Therefore, we computed the time series of the
371 spatially-integrated available potential and kinetic energies, Φ_P and Φ_K , by integrating available potential and
372 kinetic energies, E_P and E_K , horizontally from offshore to the breaking point (in a non-breaking zone).
373 Regarding E_K , we also obtained the spatially-integrated kinetic energy, Ψ_K , by integrating kinetic energy, E_K , in
374 the region from the breaking point to the most onshore point (in a breaking zone) (Fig. 9). Here, $\Phi_T = \Phi_P + \Phi_K$
375 and we define “reflection coefficient”, C_{ref} , which is the ratio of Φ_T for a reflected internal wave and an
376 incident ISW. Our definition of reflection coefficient corresponds to that of the reflection coefficient by Michallet
377 and Ivey (1999) and Bourgault et al. (2007). Reflection coefficients were greater, in order, for surging, collapsing,
378 plunging and fission breakers under thin pycnocline conditions (Fig. 9). A surging breaker with $a_I = 0.01$ m had
379 the maximum reflection coefficients of 86 % in case S-1 and 82 % in case AS-1. When $a_I = 0.01$ m, the
380 minimum reflection coefficients were 25 % (case F-1) and 17 % (case AF-1) in a fission breaker, which was
381 higher than the practical reflection coefficients, 5 % and 3 %, because the wavelength of the reflected internal
382 wave had broader range frequencies than the incident ISW, which results in the reduction of the peak of total
383 energy in the reflected internal wave. When $a_I = 0.12$ m, surging and collapsing breakers had larger decreases in
384 reflection coefficients compared to the other breakers with $a_I = 0.01$ m. Concerning the spatially-integrated
385 kinetic energy, Ψ_K , in the breaking zone, the thicker the pycnocline, the larger the Ψ_K for surging and collapsing
386 breakers. We conjecture that available potential energy over a slope was transferred to kinetic energy by breaking,
387 which enhances energy dissipation and decreases reflection coefficients when pycnocline thickness increased for
388 surging and collapsing breakers.

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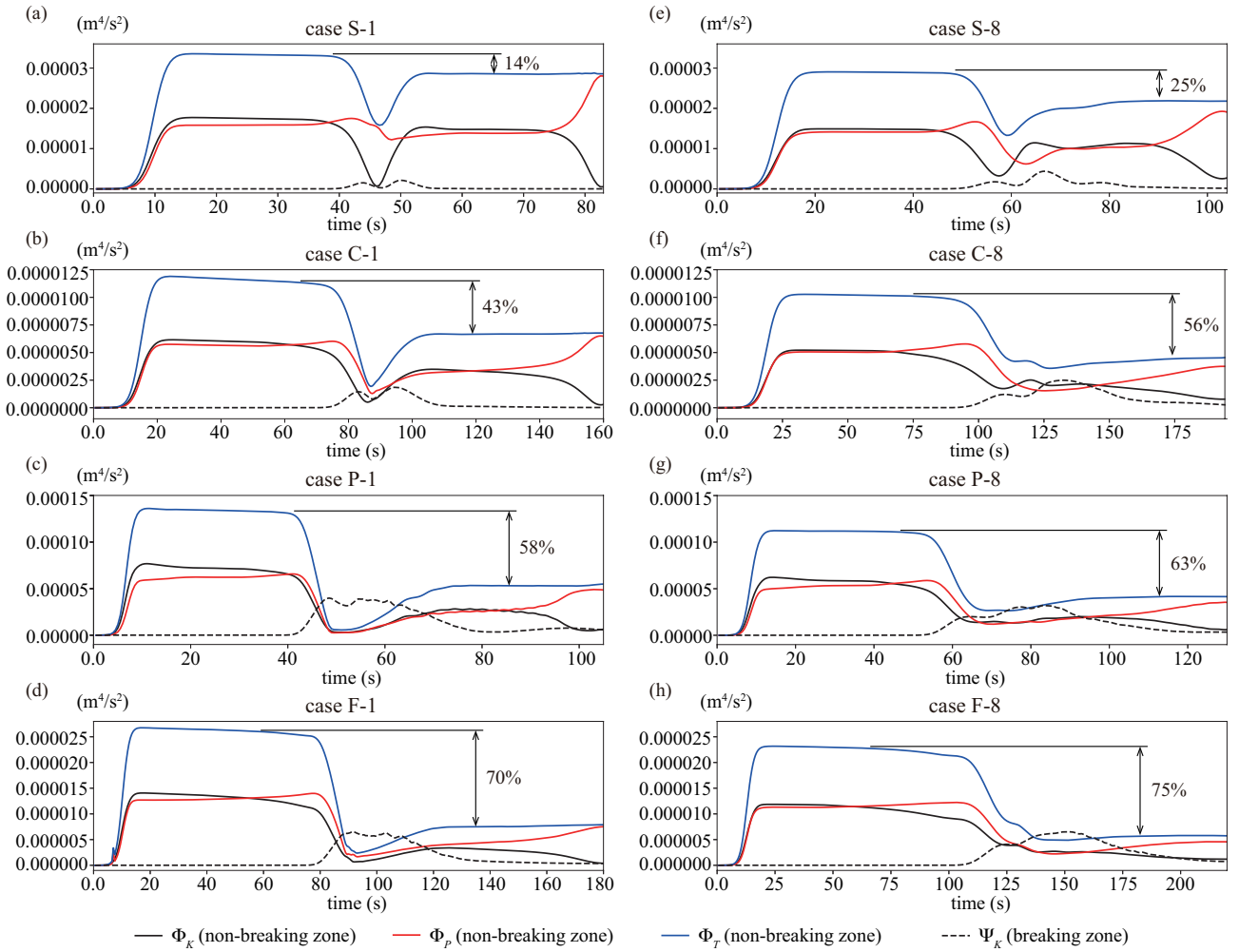


Fig. 10. Φ_K , Φ_P and Φ_T in a non-breaking zone, and Ψ_K in a breaking zone. (a) Case S-1: Surging breaker. (b) Case C-1: Collapsing breaker. (c) Case P-1: Plunging breaker. (d) Case F-1: Fission breaker. (e) Case S-8: Surging breaker. (f) Case C-8: Collapsing breaker. (g) Case P-8: Plunging breaker. (h) Case F-8: Fission breaker.

Practical reflection coefficients provide essential information on the internal wave reflected from a slope for the investigation of real scale phenomena. Therefore, we attempted to clarify the effect of pycnocline thickness on practical reflection coefficients (Fig. 10). Practical reflection coefficients dramatically decreased until the pycnocline thickness equaled to the upper layer thickness $\alpha_l/h_1 < 1.0$ for surging and collapsing breakers, and became almost constant in the range of $\alpha_l/h_1 \geq 1.0$ (Fig. 10a) (S3 in Table 3). In contrast, the practical reflection coefficients were less than 10 % and did not change under varying pycnocline thickness for plunging and fission breakers (S3 in Table 3). On the other hand, spatially-integrated energy dissipation, i.e., the reflection coefficient, is also vital for real scale modelling. Reflection coefficients were higher, in order, for surging, collapsing, plunging and fission breakers in the same manner as practical reflection coefficients in this study (S8

in Table 3). Interestingly, the reflection coefficients were almost constant under changing pycnocline thickness for plunging and fission breakers, but changed slightly in the range from $\alpha_I/h_1 = 0$ to $\alpha_I/h_1 = 0.6$ for surging and collapsing breakers because of the offshore shift in breaking points, which makes breaking more dynamic (Fig. 10b) (S4 in Table 3). Interestingly, the difference between C_p and C_{ref} for surging and collapsing breakers became more remarkable with an increase in the pycnocline thickness. Thus, we conjecture that energy is transferred to a broad range of frequencies due to the ISW breaking for surging and collapsing breakers to a greater extent than plunging and fission breakers under thick pycnocline conditions compared to thin pycnocline condition (S5 in Table 3).

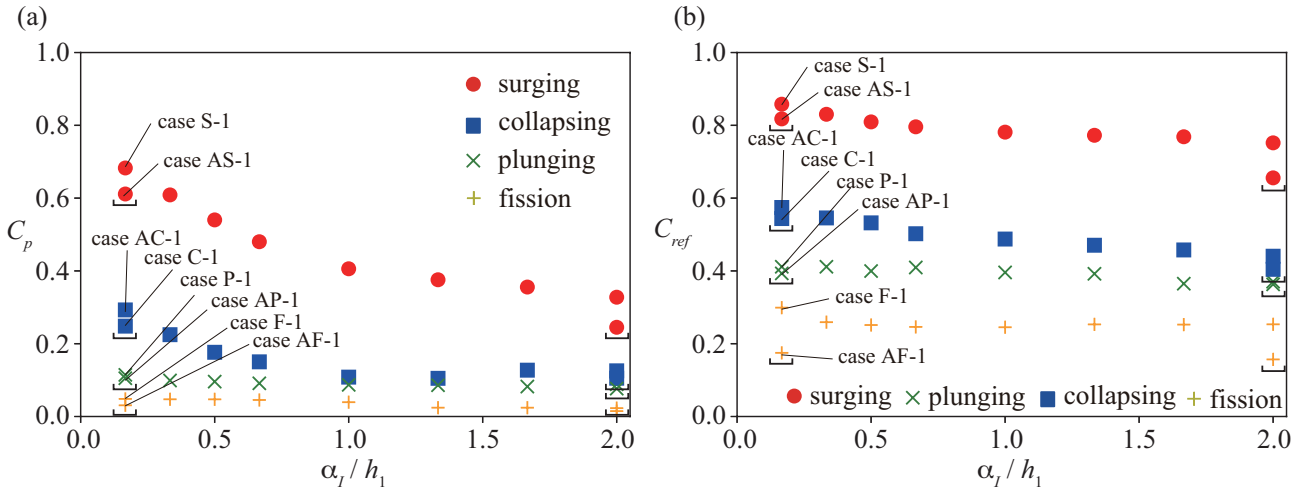


Fig. 11. (a) Practical reflection coefficient, C_p , and pycnocline thickness. (b) Reflection coefficient, C_{ref} , and pycnocline thickness. Pycnocline thickness is normalized by the upper layer depth. Under bars correspond to cases #1 and #2 ($\# = 5$ to 8).

Michallet and Ivey (1999) demonstrated that the reflection coefficient was a function of λ/L . Note that their experimental conditions were categorized as plunging breakers using the classification indices by Nakayama et al. (2019). The reflection coefficients presented in this study are slightly larger, but those for plunging cases are close to their laboratory experiment results (Fig. 11a). Chen et al. showed the similar tendency as our results, in which the reflection coefficients obtained from the laboratory experiments were slightly larger than Michallet and Ivey. On the other hand, Bourgault and Kelly (2007) investigated the reflection coefficient using the same conditions as Michallet and Ivey (1999), showing that the reflection coefficient is a function of the internal Iribarren number

426 ($\xi_I = S/\sqrt{S_w}$). Our results appeared to agree with the criteria of Bourgault and Kelly (2007) better than Michallet
 427 and Ivey (1999), which suggests the high applicability of the following equation to thin pycnocline conditions
 428 (Fig. 11b) (S7 in Table 3).

$$C_{ref} = 1 - \exp(-\xi_I). \quad (8)$$

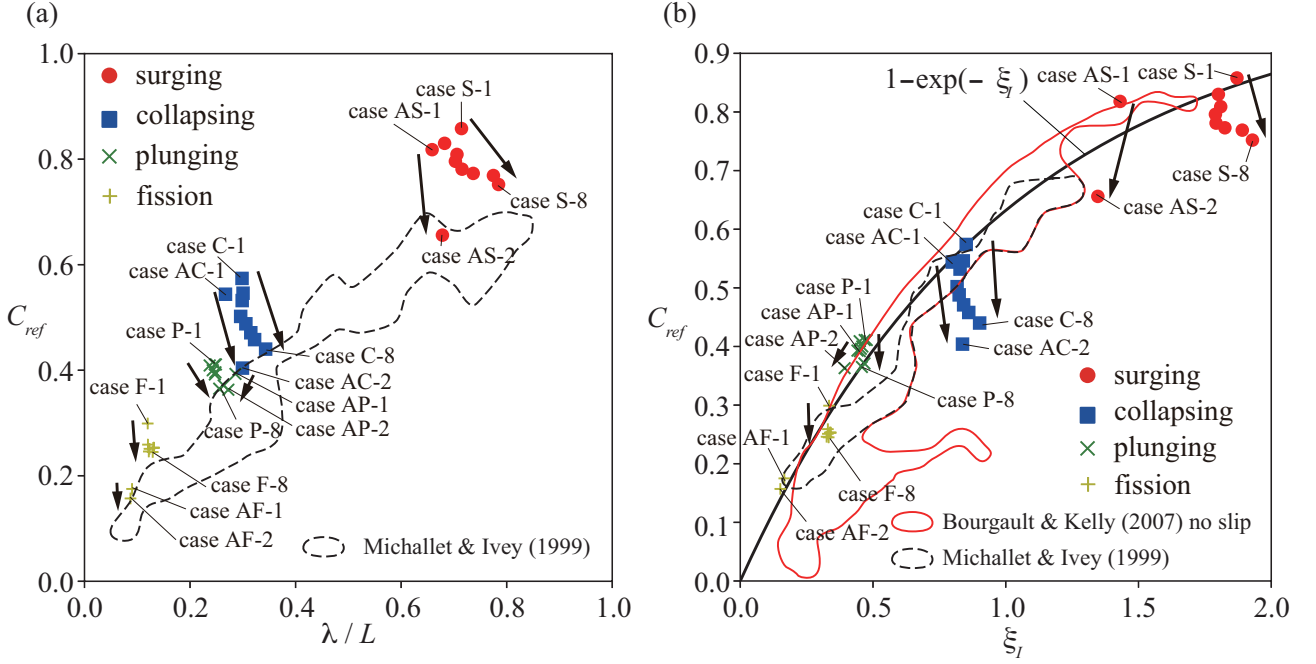


Fig. 12. Comparisons of reflection coefficient. (a) λ/L and C_{ref} by Michallet et al. (1999). (b) ξ_I and C_{ref} by Bourgault et al. (2007).

In thick pycnocline conditions, reflection coefficients are slightly smaller for surging and collapsing breakers compared to Eq. (10). However, all cases agree well with Eq. (10). Since Aghsaee et al. (2010), Sutherland et al. (2013) and Nakayama et al. (2019) suggested that the internal Iribarren number has difficulty in capturing the characteristics of breaker types for an ISW over a slope, further research is needed to confirm the validity of the relationship between the reflection coefficient and the internal Iribarren number.

5. CONCLUSIONS

This study investigated the effect of breaker type on energy dissipation due to an ISW breaking over a uniform slope when pycnocline thickness varies (Table 3). We showed the possibility of classifying ISW breaking into

443 surging, collapsing, plunging and fission breakers using bottom slope gradient, wave slope and the internal
444 Reynolds number proposed by Nakayama et al. (2019) even when the pycnocline thickness reaches the water
445 surface. Practical reflection coefficients became smaller with the increase in pycnocline thickness for surging and
446 collapsing breakers, while it was constant for plunging and fission breakers under changing pycnocline thickness.
447 On the other hand, the reflection coefficient of spatially-integrated energy from a slope did not change
448 significantly under varying pycnocline thickness, except for a slight decrease for surging and collapsing breakers
449 when pycnocline thickness increased. The definition of GBL by Aghsaei et al. (2010) could be used to predict the
450 breaking points of an ISW propagating under different pycnocline thickness. The reflection coefficient of an ISW
451 from a slope may be estimated as a function of the Iribarren number even for thick pycnocline cases. Note that our
452 two-dimensional simulations may underestimate 8 % energy dissipation than a three-dimensional simulation, as
453 demonstrated in Arthur and Fringer (2014).

454

455

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459

460 **Data Availability Statement**

461 The data that support the findings of this study are available from the corresponding author upon reasonable
462 request.

463

464

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